

*Aurora Health Care's Minimally-Invasive Gynecologic Surgery Program features state-of-the-art treatment options for a wide scope of female health concerns. In regards to the field of gynecology, minimally-invasive surgery can be a viable treatment option for:*

- **General gynecologic surgery:**
  - Fibroids
  - Heavy periods/abnormal uterine bleeding
  - Ovarian cysts
  - Endometriosis
  - Hysterectomy
- **Family planning/permanent birth control**
- **Fertility**
- **Pelvic floor and incontinence treatment**
- **Gynecologic cancer**



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*To find a physician that is right for you or to get more information about minimally-invasive gynecologic surgery, please call toll-free **855-800-MIGS (6447)** or visit **www.Aurora.org/GynSurgery**.*

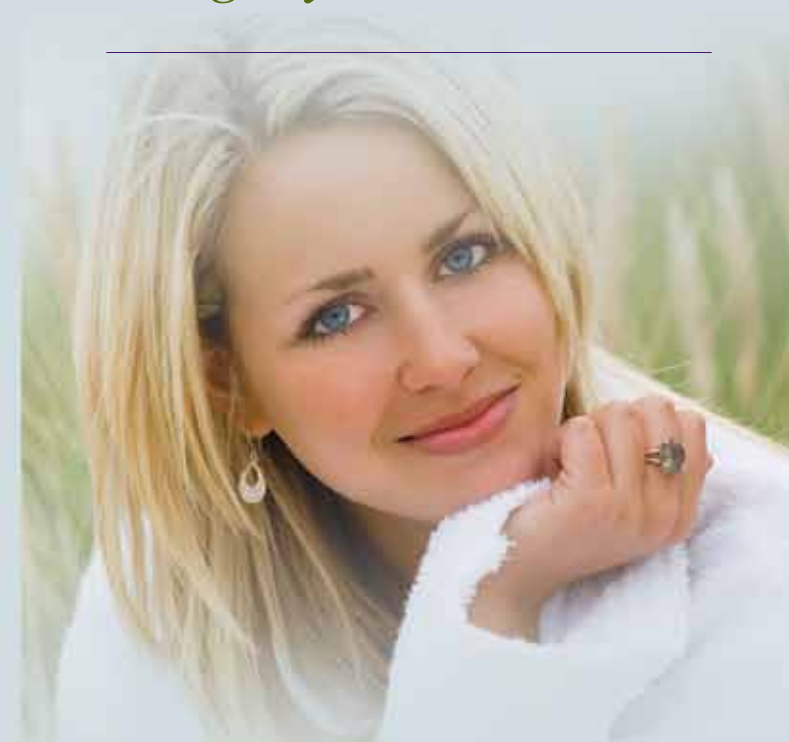
*If you are facing a cancer diagnosis, please contact us at **1-888-863-5502** or visit **www.Aurora.org/CancerCare**.*

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Aurora Health Care is a not-for-profit health care provider and a national leader in efforts to improve the quality of health care.



## *Facing Gynecologic Surgery?*



**Do you need surgery for...**

- *ovarian cysts*
- *fibroids*
- *incontinence*
- *family planning*
- *abnormal uterine bleeding*
- *fertility*
- *or other gynecologic problems?*





## Explore Minimally-Invasive Options to get you back to your life sooner.

Facing a hysterectomy or a gynecologic procedure can be concerning for any woman. If you have been told that you need to have surgery, the first thing to do is STOP – and take time to consider your options.

More choices are available today than ever before that improve recovery, minimize time off and reduce pain and complications. Minimally-invasive treatment options provide women a quicker return to what matters most in their lives.

### *What is Minimally-Invasive Gynecologic Surgery?*

Many women facing traditional gynecologic surgery also are candidates for vaginal, laparoscopic and robotic procedures using technologies like the da Vinci Surgery System®.

The Minimally-Invasive Surgery Program at Aurora Health Care provides a treatment option for a variety of female health concerns from ovarian cysts, fibroids and infertility to incontinence and abnormal uterine bleeding. It also provides an alternative for women seeking permanent birth control.

## *Patient benefits*

Using minimally-invasive surgery techniques, we offer patients many benefits over traditional surgeries. They include:

### *Less Pain*

Minimally-invasive procedures result in less post-operative pain and discomfort.

### *Shorter Hospital Stay*

Shorter hospital stay and quicker return to normal activities. Patients who undergo minimally-invasive procedures are usually able to go home sooner. And, in many cases, the patient is able to return to normal activities more quickly.

### *Less Scarring*

Minimally-invasive procedures require smaller incisions – which means smaller, less noticeable scars. The scars that do form typically have a less jagged edge – giving them a better appearance.

### *Less Injury to Tissue*

Most traditional surgeries require a long incision. This incision usually has to be made through muscle. Muscle needs a significant time to heal after surgery. Because there are no long incisions, there is less tissue damage and quicker recovery.

### *Higher Accuracy Rate*

When doctors use video-assisted equipment, there is better visualization and magnification of internal organs and structure. For patients, this translates into a more accurate and definitive procedure.

## *Setting our program apart*

At Aurora Health Care, our Minimally-Invasive Gynecologic Surgery Program features the vast experience of leading surgeons who are dedicated to presenting all options to their patients.

Before and after your procedure, we offer a multidisciplinary approach to maintaining your health, which includes access to specialists for:

- Pelvic floor rehabilitation
- Sexual health
- Wellness programs
- Behavioral health

