

Registration

Registration is required within **two weeks prior to each event**. To register for our workshops or for a complete listing of all Aurora Health Care CME programs go to www.Aurora.org/CMEActivities. Under *Select a CME program activity to view*, click on *Live Courses*.

Start times are the same for all workshops: Registration 8 to 8:30 a.m.
Presentation 8:30 a.m. to 4 p.m.

Refunds

Cancellations two weeks prior to activity will be assessed a \$25 administrative fee. Cancellations one week prior to activity will be charged 50 percent of the registration fee.

Course Objectives

The objective of the *Evidence-based Behavioral Health Series* is to improve the diagnostic and therapeutic capabilities in psychiatry and addiction medicine for psychotherapists, psychologists and physicians treating patients and their families.

Statement of Need

Programming for this series is based on the analysis of current primary caregiver needs as requested by past attendees. The topics will be relevant to medical and allied staff associated with this facility. The audience will be solicited for comments about future topics.

Target Audience

The program is aimed at psychiatrists, psychologists, social workers, nurses and other allied health professionals who deal with mental health issues and addiction medicine.

Conference Prerequisites

None

Planning Committee Chairman

Cynthia C. Valentin, PhD, APNP

Policy on Faculty and Sponsor Disclosure

It is the policy of Aurora Health Care to disclose real or apparent conflict of interest relating to the topics of this educational activity, and also disclose discussions of unlabeled/unapproved uses of drugs or devices during their presentation. Detailed disclosure will be made in the course handout materials.

Accreditation

Aurora Health Care is accredited by the Wisconsin Medical Society to provide continuing medical education for physicians.

Aurora Health Care designates this educational activity for a maximum of **6.5 AMA PRA Category 1 Credit(s)**[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Aurora Health Care, Milwaukee, Wis., is an approved provider of continuing nursing Education by the Wisconsin Nurses Association Continuing Education Approval Program Committee, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Aurora Behavioral Health Services is approved by the American Psychological Association to sponsor continuing education for psychologists. Aurora Behavioral Health Services maintains responsibility for the program and its content.

*Participants must attend entire presentation to be in compliance with CME, CEU and APA for continuing education accreditation.

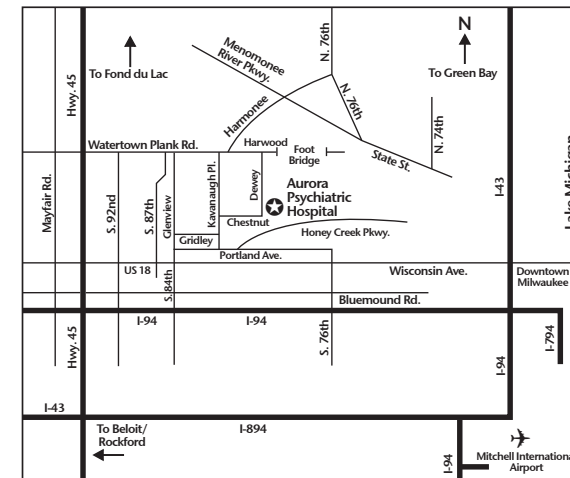
Aurora Health Care subscribes to the articles of Title III of the Americans with Disabilities Act of 1990. Should you or anyone accompanying you require special assistance, please notify us at **414-454-6485**.

Reminder: Please save this brochure to register for future conferences.



About Aurora Psychiatric Hospital

Aurora Psychiatric Hospital is a not-for-profit hospital and has been a leader in behavioral health care since 1884. Located at 1220 Dewey Avenue in Wauwatosa, Wis., on a beautiful 30-acre campus. We offer a full continuum of treatment options for most substance abuse and mental health problems. Our staff includes some of the area's leading behavioral health clinicians who are dedicated to providing the most current evidence-based treatment available.



Parking

Parking is available in the various lots on campus. Overflow parking can be found in the Village of Wauwatosa lot at the end of Harwood Avenue next to the railroad tracks.



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The 2010 Workshop Series

Aurora Behavioral Health Services
Continuing Education

Aurora Psychiatric Hospital
Norris Auditorium – Main Campus
1220 Dewey Avenue, Wauwatosa
414-454-6600

Sponsored by Aurora Health Care



Saturday, April 24

Seeking Safety: An Evidence-based Practice for Trauma and/or Substance Abuse

Lisa M. Najavits, PhD

Professor of Psychiatry
Boston University School of Medicine



The goal of this presentation is to describe *Seeking Safety*, an evidence-based treatment for trauma and/or substance abuse.

We will cover the background on trauma and substance abuse (rates, presentation, models and stages of treatment, and clinical challenges); and the implementation of *Seeking Safety* (overview, evidence supported approach), assessment tools and community resources. By the end of the training, participants can implement Seeking Safety in their setting.

Objectives: At the end of this activity the participant will be able to:

1. Discuss the research and clinical issues in treating trauma and substance abuse.
2. Apply increased empathy and understanding of trauma and substance abuse.
3. Describe *Seeking Safety*, an evidence-based model for trauma and/or substance abuse.
4. Discuss assessment and treatment resources.

Cost: \$162 MD's/DO's

\$85 Allied Healthcare Professionals

\$35 Students

6.5 credits/contact hours

Friday, June 18

Trauma-informed Care: Why Trauma Matters and What You Can Do

Elizabeth Hudson, MSSW, LCSW

Consultant to the Department of Health Services, Division of Mental Health and Substance Abuse



Aurora Trauma-informed Care Team:

Alice Kramer, CNS; Kristina Vollmer, PhD; Melinda Hughes, CTC; and Maria Rozek, Crisis Counselor

Psychological trauma is a pivotal force that shapes people's mental, emotional, spiritual and physical well-being. Trauma stems from many events (e.g., violence, abuse, neglect, disaster, war, etc.); nearly every family is impacted in some way. Trauma-informed care provides a new perspective; one in which those providing support and services *shift from asking, "what is wrong with you?" to "what has happened to you?"* This change reduces the blame and shame that some people experience when being labeled with symptoms and diagnoses. It also builds an understanding of how the past impacts the present, which effectively makes the connections that progress toward healing and recovery.

Objectives: At the end of this activity the participant will be able to:

1. Discuss the general prevalence, impact and resulting problems related to psychological, physical and sexual trauma.
2. Compare and contrast traditional psychological services with a trauma-informed paradigm.
3. Describe basic strategies to begin implementing trauma-informed care.

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Friday, September 24

Suicide/Psychotic Dangerousness/ Treatment Planning

Shawn C. Shea, MD

Director, Training Institute for Suicide Assessment & Clinical Interviewing and Adjunct Assistant Professor of Psychiatry at Dartmouth School of Medicine



This series provides front-line clinicians with the state of the art skills necessary to tackle some of the most difficult clinical situations facing mental health clinicians in their efforts to prevent suicide and other dangerous behaviors. Dr. Shea explores innovations for addressing complex challenges from transforming stalled treatment planning and building resiliency to uncovering suicidal ideation and dangerous psychotic process.

Objectives: At the end of this activity the participant will be able to:

1. Describe the importance of the "Human Matrix Model" in everyday clinical practice from treatment planning to suicide prevention.
2. Describe the phenomenology of both subtle and striking psychotic process, including the soft signs of psychosis.
3. Utilize the following five techniques for increasing validity: the behavioral incident, shame attenuation, gentle assumption, symptom amplification, and denial of the specific.
4. Discuss the theory behind the Chronological Assessment of Suicide Events (the CASE Approach) and be able to apply it to uncover hidden suicidal ideation, intent and actions.

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Friday, October 15

Current Clinical Conundrums A.K.A. Ethics and Boundaries

Robyn Shapiro, JD

Partner, Health Law Department, Drinker Biddle & Reath LLP



Ethical issues concerning boundaries are among the most complex and difficult for mental health providers. With the onset of social networking, new dilemmas and increasing risks arise for clinicians. Faced with the HIPPA confidentiality laws, practice approaches once thought acceptable now may be challenged.

Join us for an interactive ethics workshop featuring attorney Robyn Shapiro, internationally known ethicist, and members of the Aurora Ethics Committee to learn how to apply ethical theory and principles. We will be presenting real clinical cases reflecting a variety of practice settings. Explore clinical scenarios and compare your response to colleague audience attendees.

Objectives: At the end of this activity the participant will be able to:

1. Discuss ethical dilemmas faced by mental health professionals.
2. Demonstrate ethical decision-making skills by learning a four-step process for resolving ethical dilemmas.
3. Discuss ethical principles regarding boundaries and boundary violations.
4. Create own awareness of ethical decision-making process as compared to other colleagues.

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