



2013 Community Health Needs Assessment Report

2014 Implementation Strategy



Aurora West Allis
Medical Center
8901 W. Lincoln Avenue
West Allis, WI 53227

Aurora West Allis Medical Center Update for 2016

Posted: December 31, 2015

Executive Summary

Aurora West Allis Medical Center (AWAMC) offers the community convenient access to high-quality care, a complete range of primary and acute care programs, and a tertiary care center for women’s health services. Specialty services include cardiology, digestive diseases, cancer, orthopedics, and wound care and hyperbaric medicine. Aurora West Allis is home to the Aurora Women’s Pavilion, where women at all stages of life will experience comprehensive care in a relaxed, healing environment. The facility offers women specialized programs and services for every stage of her life.

In 2013 AWAMC completed and published its Community Health Needs Assessment (CHNA) Report and 2014 Implementation Strategy, which was adopted by the Social Responsibility Committee of the Aurora Health Care Board of Directors on November 22, 2013 and posted to Aurora Health Care web site. This document, which provides a comprehensive overview of the community served and significant health needs identified, is available by visiting <http://www.aurora.org/commbenefits>. Experience in carrying out the 2014 and 2015 Implementation Strategy informed the process for updating it for 2016.

It should be noted that addressing the social determinants of health to promote healthier communities requires more effort than can be carried out by one hospital alone. AWAMC is fortunate to be one of five Aurora hospitals located in Milwaukee County, working together and in concert with other providers and organizations within the county to address significant community health needs on a global level. The chart below represents the ongoing multi-stakeholder initiatives of which AWAMC is both directly and indirectly a part:

Prioritized significant needs in Milwaukee County	Multi-Partner Initiatives		
	Milwaukee Health Care Partnership ¹	Lifecourse Initiative ²	United Way ³
Health care access	✓	✓	✓
Health insurance coverage	✓		
Behavioral health	✓	✓	✓
Obesity, nutrition and physical activity		✓	✓
Chronic disease	✓		✓
Infant mortality	✓	✓	✓
Sexual health			✓
Health literacy	✓	✓	✓
Poverty		✓	✓
Racism		✓	✓
Social determinants		✓	✓
Specialty access for uninsured persons	✓	✓	✓

In addition to the resources dedicated each year to these ongoing initiatives, the AWAMC 2015 Implementation Strategy outlined specific priorities to work within its neighboring communities in Milwaukee County and with the hospital’s unique patient population. That work continues in 2016.

¹ The Milwaukee Health Care Partnership is a public/private consortium dedicated to improving health care coverage, access and care coordination for underserved populations in Milwaukee County. View <http://mkehcp.org/>

² The goals of the Lifecourse Initiative are: 1) Strengthen father involvement in African-American families; 2) Reduce poverty among African-American families; 3) Expand access to health care. View http://www.planningcouncil.org/PDF/LIHF_Milw_CAP_final_w_cover.pdf

³ For United Way of Greater Milwaukee initiatives, view <http://www.unitedwaymilwaukee.org/home>

AWAMC 2016 Implementation Strategy: Introduction

As in 2015, our 2016 AWAMC implementation strategy is organized into three main categories in alignment with three core principles of community benefit as shown below.

Category	Community Benefit Core Principle
Priority #1: Access and Coverage	<ul style="list-style-type: none"> Access for persons in our community with disproportionate unmet health needs
Priority #2: Community Health Improvement	<ul style="list-style-type: none"> Build links between our clinical services and local health department community health improvement plan
Priority #3: Community Benefit Hospital Focus	<ul style="list-style-type: none"> Address the underlying causes of persistent health problems

It is widely recognized that a diverse team of engaged community partners is essential for implementing strategic community health improvement initiatives. Our implementation strategy reinforces the importance of our role as a partner for community capacity-building to address unmet community health needs.

The following table itemizes the significant health needs identified in our 2013 Community Health Needs Assessment and how our hospital and health system resources are allocated. The Key:

H = specifically addressed within our hospital’s implementation strategy

I = addressed through our integrated healthcare system and strategic partnerships

S = standard within the continuum of care

Significant community health needs/issues identified in the 2013 CHNA Report	Intent to address in the 2016 Implementation Strategy
Access	
<ul style="list-style-type: none"> medical 	H and I
<ul style="list-style-type: none"> prescription and dental 	I
Coverage	
<ul style="list-style-type: none"> enrollment, health care coverage or financial assistance 	H and I
Chronic disease	
<ul style="list-style-type: none"> asthma 	H
<ul style="list-style-type: none"> cancer 	H and I
<ul style="list-style-type: none"> diabetes 	H
<ul style="list-style-type: none"> heart disease 	H and I
Health risk behaviors	
<ul style="list-style-type: none"> alcohol and tobacco use 	I and S
<ul style="list-style-type: none"> nutrition 	H and I
<ul style="list-style-type: none"> physical activity 	H and I
Health risk factors	
<ul style="list-style-type: none"> high blood pressure, high cholesterol, overweight/obesity 	H and I
Mental health	
<ul style="list-style-type: none"> mental health conditions 	I and S
Teen pregnancy	
<ul style="list-style-type: none"> teen pregnancy in West Allis-West Milwaukee 	H
Senior health	
<ul style="list-style-type: none"> senior health issues, caregivers 	H and I

Note: Our implementation strategies do not constitute the entirety of the community benefits our hospital provides each year. For a full accounting of the community benefits we provide each year, please see our most recent report: <http://www.aurora.org/commbenefits>.

Focus | Aurora Health Care signature community benefit focus is access

In 2012, 17% of adult respondents in West Allis-West Milwaukee reported unmet medical care, 11% reported someone in their household had not taken their prescribed medication due to cost, 11% reported unmet dental care and 4% reported unmet mental health care in last 12 months (Community Health Survey). Based on the key informant findings, access to health care services and health insurance coverage emerged as one of the top five health issues for Milwaukee County.

Principal partners

- Aurora Health Care Medical Group (AHC MG) physician partners
- Aurora Behavioral Health Service (ABHS)
- Aurora Parish Nurse

Community partners

- **Greater Milwaukee Free Clinic (GMFC)** - The clinic, located two blocks from our hospital, provides free medical care to low income, working people in the Milwaukee area without medical insurance or the ability to pay for medical care. The clinic is staffed by volunteer professionals.
- **Milwaukee Health Care Partnership (MHCP) Emergency Department (ED) Care Coordination Initiative** - This community-wide emergency department initiative, *ED to Medical Home Care Coordination Process*, includes the following strategies:
 - Milwaukee County hospital EDs identify target populations, provide patient education and schedule appointments with medical homes
 - Using MyHealthDIRECT appointment scheduling technology, community health centers post open appointments. EDs schedule appointments electronically while the patient is at the hospital; and
 - Intake coordinators at community health centers reach out to patients prior to first appointment and attempt to reschedule if appointment is not kept
- West Allis-West Milwaukee Health Department
- CORE/EI Centro
- Sixteenth Street Community Health Center
- UWM College of Nursing Free Clinic
- AIDS Resource Center of Wisconsin
- Catholic Charities
- Penfield Children's Center
- Salvation Army of Wisconsin/Upper Michigan

Target population

- Medicaid-eligible and uninsured patients using our hospital ED for primary care

Intended impact

- Uninsured and Medicaid-eligible patients currently relying on our ED for primary care services, chronic disease management and dental care are transitioned to a medical home
- Uninsured patients are transitioned into health insurance plans within the Marketplace that meet their needs

Measures to evaluate impact

- Number of non-emergent ED visits without a primary care physician (compare to 2014 baseline data)
- Of those ED visits classified as non-emergent and had no primary care provider, percent who saw an Aurora Health Care provider within 28 days of the ED visit
- Number of ED patients referred to appropriate levels of behavioral health services
- Number of uninsured patients screened for financial assistance and number enrolled in programs (e.g. *Aurora's Helping Hand Patient Financial Assistance* program) and the Marketplace (the health insurance exchange)
- The Milwaukee Health Care Partnership, in collaboration with MyHealthDIRECT, monitors and tracks the Milwaukee Health Care Partnership Emergency Care Coordination Initiative, <http://mkehcp.org/care-coordination-2/emergency-department-care-coordination/>
 - Measures include total scheduled appointments, total kept and show rate appointments (FQHC only, percent), number of scheduled appointments by AWAMC (per month), clinic appointment show rate for AWAMC (per month)

Action plan	Target date
<i>Improve access for uninsured and Medicaid-eligible patients using our ED for primary, mental health and dental care:</i>	
<ul style="list-style-type: none"> • Navigate uninsured patients to medical homes in the Milwaukee area including Aurora Health Care Medical Group clinics and Federally Qualified Health Centers 	Ongoing
<ul style="list-style-type: none"> • Provide in-kind imaging and lab services for patients referred from GMFC 	
<ul style="list-style-type: none"> • Develop and print educational materials promoting the benefits of becoming established with a medical home for primary and preventive care offered at AHCMG and FQHCs. 	
<ul style="list-style-type: none"> • Create and maintain a list of recommended preventive screenings on City of West Allis website 	
<ul style="list-style-type: none"> • Promote financial support for GMFC through Aurora's annual employee giving campaign 	4 th Q; 2016
<ul style="list-style-type: none"> • Embed an ABHS Specialists in our ED to expedite screening and referrals to appropriate resources 	Ongoing
<i>Improve coverage for uninsured and Medicaid-eligible patients using our ED for primary and dental care</i>	
<ul style="list-style-type: none"> • Screen all uninsured patients for financial assistance programs, including Aurora's Helping Hand Patient Financial Assistance program, and other safety net programs for which they qualify, and assist with application processes 	Ongoing
<ul style="list-style-type: none"> • Inform and educate all uninsured patients at our hospital about the benefits of securing coverage through the Marketplace and provide assistance as needed 	During open enrollment
<ul style="list-style-type: none"> • Our financial counselors will assist community members with accessing the Marketplace (the health insurance exchange) 	

Action Plan continued (next page)

Action plan	Target date
<i>Refer as appropriate to community partners supported through Aurora's Better Together Fund, which:</i>	
<ul style="list-style-type: none"> Supports expansion of primary health care services and enhances integrative clinic services at CORE/El Centro through grants totaling \$100,000; monitor progress and impact 	Ongoing
<ul style="list-style-type: none"> Supports expansion of primary and behavioral health care services at Sixteenth Street Community Health Centers through grants totaling \$1,000,000; monitor progress and impact 	
<ul style="list-style-type: none"> Supports expansion of primary health care services at UWM College of Nursing Free Clinic through a grant of \$85,453; monitor progress and impact 	
<ul style="list-style-type: none"> Supports expansion of behavioral health services at AIDS Resource Center of Wisconsin through a grant of \$100,000; monitor progress and impact 	
<ul style="list-style-type: none"> Supports addition of a bilingual behavioral health therapist at Catholic Charities through a grant of \$65,000; monitor progress and impact 	
<ul style="list-style-type: none"> Supports expansion of behavioral health services for toddlers and children at Penfield Children's Center through a grant of \$100,000; monitor progress and impact 	
<ul style="list-style-type: none"> Supports addition of a mental health counselor for individuals who are homeless at the Salvation Army of Wisconsin/Upper Michigan through a grant of \$91,813; monitor progress and impact 	

Focus | West Allis West Milwaukee Health Department (WAWMHD) Access to care committee

In order to access cost effective, quality health care in a timely manner from the appropriate medical provider, it is extremely important for health care consumers to learn to advocate for their own health care needs.⁴ Part of being a responsible consumer includes having an Advance Directive.

Principal partners

- Aurora Health Care Medical Group

Community partner

- West Allis-West Milwaukee Health Department (WAWM HD)

Target population

- West Allis-West Milwaukee residents

Intended impact

- West Allis-West Milwaukee residents will:
 - Gain competencies in accessing effective, quality health care in a timely manner from the appropriate medical provider
 - Learn to advocate for their own health needs

Measures to evaluate impact

- Number of newly completed Advance Directives as a result of our efforts
- Number of teaching tools developed and distributed (2015 measure)
- Number of venues utilized to distribute the responsible health care consumer materials
- Number of individuals who attended Advance Directives workshops and received documents
- Percentage of patients aged 55 years and older admitted to the hospital with an Advance Directives

Action plan	Target Date
<i>Support the WAWM HD Access to Care committee goal to launch a community campaign to educate residents on being responsible health consumers:</i>	
<ul style="list-style-type: none"> • Distribute advance directive educational materials through church bulletins, offices of primary care providers, school district, water bills, etc., to promote the three levels of care 	Ongoing
<i>Increase public awareness about Advance Planning within the context of being a responsible health care consumer:</i>	
<ul style="list-style-type: none"> • Coordinate community presentations to increase the number of signed Advance Directives within our own patient population 	Ongoing

⁴ Healthy People 2020 – Access to Health Services. U.S. Department of Health and Human Services. Available at <http://healthypeople.gov/2020/topicsobjectives2020/overview.aspx?topicid=1>

Focus | WAWMHD Healthy Lifestyle Committee – Workplace wellness

Employers are becoming more aware that overweight and obesity, lack of physical activity and tobacco use are adversely affecting the health and productivity of their employees and ultimately, the bottom line of each business. Work-site health promotion and disease-prevention programs have been shown to improve employee health, increase productivity and yield a significant return on investment for the employers.⁵

Community partners

- West Allis Chamber of Commerce
- West Allis-West Milwaukee Health Department (WAWM HD)

Target population

- West Allis-West Milwaukee businesses/employers
- West Allis West Milwaukee School District

Intended impact

- Employers in West Allis will add to or expand their employee wellness programs
- Initiate the process to pursue the Well City USA designation for West Allis-West Milwaukee

Measures to evaluate impact

- Number of employers engaged in the Well City West Allis-West Milwaukee initiative
- Number of businesses attending annual training
- Number of outreach programs

Action plan	Target Date
Support the WAWM HD Healthy Lifestyles Committee – Workplace Wellness:	
<ul style="list-style-type: none"> • Actively serve on the Well City USA Task Force and Advisory Committee 	Ongoing
<ul style="list-style-type: none"> • Provide outreach and resources to businesses in West Allis-West Milwaukee on ways to expand an employee wellness program 	
<ul style="list-style-type: none"> • Actively participate as an employer pursuing the Well Workplace Designation 	
<ul style="list-style-type: none"> • Provide annual education for area businesses to help start or expand employee wellness program 	

⁵ Assistant Secretary for Planning and Evaluation. Prevention Makes Common “Cents”. U.S. Department of Health and Human Services. Available at <http://aspe.hhs.gov/health/prevention/>

Focus | WAWMHD Healthy Lifestyles Committee – Teen pregnancy

Based on the West Allis–West Milwaukee Community Health Improvement Plan, in 2009, 19 of 886 West Allis–West Milwaukee births (2.1%) were to younger teens (<18 years).

Principal partners

- Aurora Health Care Medical Group (AHCMG)

Community partners

- *Shared Journeys* charter high school – Started in September 2012, this charter high school educates pregnant and parenting teens both in parenting and academics with coursework including: Child Development I and II, Career and Social Aspects of Society I and II, Prenatal Coursework, Independent Study, Cooperative Education Employment as well as Compass Learning for online general studies.
- West Allis-West Milwaukee School District

Target population

- Pregnant teens in the West Allis-West Milwaukee school system

Intended impact

- Improved birth outcomes for babies born to pregnant teens enrolled at *Shared Journeys* charter school
- 100% graduation rates of pregnant teens enrolled at *Shared Journeys* charter school
- Graduates of *Shared Journeys* charter school are able to secure and maintain employment to support their infants or enroll in post-secondary education

Measures to evaluate impact

- Percent of full-term deliveries to students enrolled in *Shared Journeys* charter school
- Percent of teens at *Shared Journeys* charter school who initiate breastfeeding
- Percent of teen mothers enrolled in *Shared Journeys* charter school who graduate
- Percent of teen mothers enrolled in *Shared Journeys* charter school who enroll in post-secondary education or job training
- Development and implementation of curriculum and evaluation tool for measuring the impact of the sexual wellness class

Action plan	Target date
Support the Healthy Lifestyles Committee – teen pregnancy:	
<ul style="list-style-type: none"> • Serve on the <i>Shared Journeys</i> Charter School governance board 	Ongoing
<ul style="list-style-type: none"> • For pregnant teens enrolled primarily at <i>Shared Journeys</i> charter school: <ul style="list-style-type: none"> – Provide childbirth education, breastfeeding and infant care classes located at our hospital – Provide education, work-development and job-skills mentoring at our hospital 	Ongoing
<ul style="list-style-type: none"> • Implement the sexual wellness class for <i>Shared Journeys</i> Charter School students, based on an evidence-based sexual education program 	Annually

Focus | Senior care

In 2012, respondents 65 years and older in West Allis -West Milwaukee were more likely to report high blood pressure, high cholesterol, diabetes and heart disease or heart condition (Community Health Survey). As outlined by the Centers for Disease Control and Prevention, older adults who practice healthy behaviors, take advantage of clinical preventive services and continue to engage with family and friends are more likely to remain healthy, live independently and incur fewer health-related costs.

Aurora West Allis Medical Center (AWAMC) is a NICHE-designated hospital (<http://www.nicheprogram.org>). AWAMC's *Transitions of Care* program (formerly *Senior Resource Nurse*) is a non-billable, geriatric nurse-driven program to help our hospital reduce 30-day readmissions for patients aged 65 years and older who are at high risk for returning to the hospital.

Principal partners

- Aurora Health Care Medical Group (AHC MG) physicians in Milwaukee County
- Aurora at Home

Community partners

Multiple collaborating agencies including, but not limited to:

- West Allis Fire Department Mobile Integrated Health Program
- Area nursing homes
- West Allis-West Milwaukee Health Department
- Non-medical home care providers

Target population

- At-risk adults aged 65 years and older with multiple health conditions and challenges
- High-risk or complex patients (including those lacking in resources)

Intended impact

- A reduction in the average number of re-hospitalizations within 30 days per patient
- Improvement in patient satisfaction with discharge process

Measures to evaluate impact

- Total number of patients served
- Number of re-admissions for pneumonia, heart failure and COPD
- Number of Emergency Department visits within 30 days after discharge
- Better Outcomes by Optimizing Safe Transitions (BOOST) program and LACE tool
- Aurora's *Acute Care for the Elderly* program and ACE Tracker – A daily snapshot (accurate as of the midnight census for the previous day) of current Aurora inpatients and observation patients aged 65 and older occupying beds at Aurora hospitals. This snapshot is compiled from data available within Smart Chart (our EMR) and used by our patient care managers, case managers, Senior Resource Nurse and interdisciplinary teams to identify those geriatric patients who are at highest risk for functional decline during hospitalization

Action plan (see next page)

Action plan	Target date
<i>Prevent readmissions and improve overall outcomes for older adults with multiple chronic conditions:</i>	
<ul style="list-style-type: none"> Identify high-risk or complex patients at AWAMC early in their hospitalization 	Ongoing
<ul style="list-style-type: none"> Perform comprehensive screenings/assessments of patient's and family's needs post discharge and utilize a standardized Algorithm of Services 	
<ul style="list-style-type: none"> Conduct a care conference prior to discharge, partnering with the patient and family/support network to discuss the patient's unique needs, available community resources and in-home plan of care 	
<ul style="list-style-type: none"> Provide seamless care coordination and communication hand-offs between services, providers and settings 	

Focus | Support unpaid caregivers who support our senior population

A caregiver is an unpaid individual (a spouse, partner, family member, friend, or neighbor) involved in assisting others with activities of daily living and/or medical tasks. The close relationship between the caregiver and care recipient, and the challenges of providing direct care, can lead to psychological and physical stressors. This is why it is important for caregivers to develop self-care strategies and for us to provide the tools they need.

Principal partner

- Aurora Rehabilitation Services
- Aurora at Home

Community partners

- Mitchell Manor West Allis Senior Living Community
- Synergy HomeCare
- VMP Manor Park

Target population

- Unpaid caregivers of aging persons with chronic disease(s) in our service area

Intended impact

- Unpaid personal home caregivers will be recognized, validated and supported in their roles
- Increased caregiver self-efficacy (reported increase in confidence to perform caregiving duties and commitment to self-care behaviors)

Measures to evaluate impact

- Number of participants
- Number of health screenings completed
- Percent reporting confidence to perform caregiving duties and commitment to self-care behaviors
- Responses to a participant evaluation
- Feedback received via email

Action plan	Target date
<i>Support caregivers and address their emotional, psychological and physical challenges:</i>	
<ul style="list-style-type: none"> • Provide our sixth annual <i>Recognition, Renewal and Care for Caregivers</i> event, a low-cost, annual, interactive, day-long seminar for those caring for aging adults with long-term health conditions, such as stroke, Alzheimer's/Parkinson disease, dementia, etc., with complimentary respite care available for the care-receivers 	April 2016
<ul style="list-style-type: none"> – Finalize expert presentations and free health screenings 	January 2016
<ul style="list-style-type: none"> – Finalize hands-on exhibits to help caregivers learn how to safely assist their loved ones 	January 2016
<ul style="list-style-type: none"> – Provide respite care during event 	April 2016
<ul style="list-style-type: none"> • Conduct an education program for family caregivers in association with the Alzheimer's Association, <i>Understanding Dementia</i>, twice per year 	Biannually

Focus | Health careers education

As outlined in the Wisconsin Health Care Workforce 2013 report, hospitals should support the educational preparation of advanced practice professionals to meet the existing and future workforce needs and for new and emerging roles as the rate of change in health care accelerates (Wisconsin Hospital Association, <http://www.wha.org/pubarchives/reports/2013workforcereport.pdf>)

Principal partners

- Aurora Health Care Medical Group (AHCMG) physicians in Milwaukee County
- Aurora West Allis Medical Center caregivers

Community partners

Multiple collaborating agencies including, but not limited to:

- West Allis-West Milwaukee School District
- West Allis-West Milwaukee Chamber of Commerce
- Milwaukee Area Technical College
- West Allis Health Department

Target population

- High School students and their parents

Intended impact

- Area high school students have an increased awareness of health-related careers and the required training and schooling

Measures to evaluate impact

- Number of students who tour/job shadow and participate in a health careers awareness fair
- Percent of students who correctly identify level of academic preparation required to pursue various health-related careers (evaluation form)

Action plan	Target date
<i>Promote career opportunities for the next generation of our healthcare workforce:</i>	
<ul style="list-style-type: none"> • Actively serve on West Allis-West Milwaukee School District Academic and Career Planning implementation Action Group 	Ongoing
<ul style="list-style-type: none"> • Provide expanded job shadowing opportunities and tours for local students • Provide content experts for educational outreach to local schools 	Ongoing
<ul style="list-style-type: none"> • Provide a health careers fair for students to observe health-professional round-table discussions and simulations highlighting the various roles of health professionals in action 	

Focus | Sexual assault

Based on the Aurora Health Care Abuse Response Services: Domestic Violence 2002-2011 ten-year report:

- Results from an Aurora Health Care study found nearly one in two women experienced physical abuse in their lifetime; 11.7% had experienced physical abuse within the past year; and women in every demographic group reported instances of abuse in their lifetime, although younger, poorer and less educated women reported the highest rates

Principal partner

- Aurora Health Care Medical Group (AHCMG)
- Sexual Assault Nurse Examiner programs across the Aurora Health Care system

Community partners

- West Allis Police Department
- Milwaukee County District Attorney's Office
- Milwaukee County Sheriff Department
- Meta House
- Milwaukee LGBT Community Center
- Pathfinders
- University of Wisconsin – Milwaukee

Target population

- Individuals who have been sexually assaulted including children, adolescents, adults and elderly

Intended impact

- Increased awareness of and access to services and advocacy for those who have been sexually assaulted
- Increased community knowledge of available resources

Measures to evaluate impact

- Number of people provided with post-assault care provided by SANE
- Number of referrals to other services and health care providers
- Number of community education/prevention/outreach trainings

Action plan	Target date
<i>Support victims of sexual assault and increase access to immediate acute care and follow-up services</i>	
<ul style="list-style-type: none"> • Provide trauma-informed and victim-sensitive services to people of all ages who have been affected 	Ongoing
<ul style="list-style-type: none"> • Support expansion of Seeking Safety's services and trauma services and advocacy at Meta House through Aurora's <i>Better Together Fund</i> grant of \$31,716; monitor progress and impact 	
<ul style="list-style-type: none"> • Support expansion of sexual assault and domestic violence advocacy services to LGBT-identified individuals at Milwaukee LGBT Community Center through Aurora's <i>Better Together Fund</i> grant of \$20,455; monitor progress and impact 	
<ul style="list-style-type: none"> • Support expansion of sexual assault advocacy service delivery and capacity at Pathfinders through Aurora's <i>Better Together Fund</i> grant of \$30,000; monitor progress and impact 	
<ul style="list-style-type: none"> • Support expansion of sexual assault prevention and education at the University of Wisconsin – Milwaukee through Aurora's <i>Better Together Fund</i> grant of \$255,000; monitor progress and impact 	

Action Plan (continued)

SANE Logic Model

Aurora SANE Program Logic Model			Outcomes Measures		
Inputs	Activities	Outputs	Short Term	Intermediate	Long Term
<ul style="list-style-type: none"> • Staff • Program coordinator • On call SANE nurses • Community resources • Dedicated exam room • Resources to support the SANE nurses and their ability to continue in the program 	<ul style="list-style-type: none"> • Assess community need and determine agencies and their current roles (who is doing what) • Community education • Staff education to identify trauma • Connect to crisis counselor • Connect to advocacy • Connect to legal system • Maintain the chain of evidence 	<ul style="list-style-type: none"> • Number of people receiving forensic exam • Patient satisfaction • Number of providers participating in community and campus education programs • Evidence sent to crime lab for maintenance & safekeeping • Barriers to care identified 	<ul style="list-style-type: none"> • Number of referrals to community resources • Number of referrals from physician offices and/or other community resources that received education • Number of preventive strategies that universities put in place based on education program • Response time to assist the victim (minutes) 	<ul style="list-style-type: none"> • Number and % of patients for which follow up connection is made • Contacts with advocacy agencies established • Contacts with referral agencies • # of referrals made to physicians or other resources • Individuals' needs/ barriers addressed • Decrease in # and % of walkaways 	<ul style="list-style-type: none"> • Continue healing at post-crisis service providers • Increased % of victims accessing care • % of consumers who recognize Aurora for abuse programs/ services • Sustain 24/7 program • Job satisfaction of the SANE nurses

Focus | Chronic disease

In 2012, 11% of adults in West Allis-West Milwaukee reported current asthma, 10% of adults reported diabetes and heart disease or heart conditions, and 4% of adults reported cancer. Chronic disease was one of the top three community health issues reported by adults (Community Health Survey).

Principal partner

- Aurora Health Care Medical Group (AHCMG)
- Aurora Parish Nurses

Community partner

- Wisconsin Department of Health and Human Services

Target population

- Adults of any age with one or more chronic disease(s)

Intended impact

- Improved health status and positive self-care behaviors for individuals with chronic disease (e.g. heart disease, asthma, diabetes) who enroll in program

Measures to evaluate impact

- Number of participants enrolled
- Number of participants who complete all six sessions; type of chronic condition(s) addressed
- Percent improvement (baseline to post six-months) on health status, self-efficacy, self-management behaviors and health care utilization
- Previous evaluations on the *Living Well with Chronic Disease* program

Action plan	Target date
Improve self-efficacy of persons in our community living with chronic disease(s):	
<ul style="list-style-type: none"> • Promote and present <i>Living Well with Chronic Disease</i> and/or <i>Living Healthy With Diabetes</i>, Wisconsin's implementation of the evidence-based Stanford Chronic Disease Self-Management Program 	Annual
<ul style="list-style-type: none"> • Provide two workshops each year co-facilitated by two Aurora parish nurses specially trained through the state to implement the program at the local level. Each 2.5-hour session in the six-week program will cover: <ul style="list-style-type: none"> – Techniques to deal with frustration, fatigue, pain and isolation – Appropriate exercise for maintaining and improving strength, flexibility and endurance – Appropriate use of medications – Communicating effectively with family, friends and health professionals – Nutrition – Understanding and evaluating new treatments 	Biannually

Focus | Cancer survivorship and healthy lifestyle

Many cancer survivors are faced with health challenges for months and sometimes years after the completion of cancer treatment. Research conducted by the Virginia Commonwealth University suggests that cancer survivors need to take a more comprehensive approach to their health, rather than focusing just on their cancer.⁶

Principal partners

- Aurora Health Care Medical Group (AHCMG)
- Aurora Cancer Care

Community partner

- Wisconsin Athletic Club

Target population

- Survivors of all cancers who have completed active treatment

Intended impact

- Participants will make lifestyle changes to achieve and maintain optimal health and reduce risk factors for cancer recurrence specifically
- Participants will achieve 7% weight loss if overweight at start of program and engage in a minimum of 150 minutes of physical activity per week

Measures to evaluate impact

- Number who complete program; both phases or phase 1 only
- Average increase in weekly physical activity
- Percent improvement in blood glucose and cholesterol profile
- Average reduction in body weight for participants with a Body Index Measure (BMI) greater than 25

Action plan	Target Date
<i>Provide the six-month Living Well Beyond Cancer year-long program, a Lifestyle Management Program that incorporates nutrition education, a health club membership with exercise instruction, stress management, peer support and lifestyle coaching in two phases:</i>	
<ul style="list-style-type: none"> • Phase one is conducted over a three month period and includes <ul style="list-style-type: none"> – Twelve weekly educational classes held at Wisconsin Athletic Club – Three-month membership to Wisconsin Athletic Club (all six locations included) – Individual exercise prescription from exercise specialist (BMI taken and monitored); weekly monitored food and activity journals and progress; emphasis on healthy lifestyle skills and extensive support from program coordinators, facility management staff, dietitians, exercise specialists and group members 	Ongoing
<ul style="list-style-type: none"> • Phase two is a three-month maintenance program specific to cancer survivorship taking place at our hospital <ul style="list-style-type: none"> – Educational classes and continued support from program coordinators and group members at our hospital – Weekly, evidence-based weight-maintenance strategies 	
<ul style="list-style-type: none"> • Offer Yoga for Cancer Survivor class 	
<ul style="list-style-type: none"> • Sponsor and promote Survivorship Celebration 	June 2016

⁶ Ning, Y. (2012, April). Nearly Half of Cancer Survivors Died From Conditions Other Than Cancer. Paper presented at the American Association for Cancer Research Conference, Chicago, IL.