



*Death is not extinguishing the
Light. It is putting out the Lamp
because the Dawn has come.
--Tagore*

A Candle Lighting Memorial for those who grieve

An important part of the grief process is to pay tribute to and remember on any special occasion the one who has died. This memorial tribute is designed to use four candles, arranged either in a circle or in some other manner in keeping with your own personal taste. The tribute can be used alone by an individual or in a small family setting:

As we light the four candles in honor of you, we light one for our grief, one for our courage, one for our memories and one for our love.

This candle represents our grief. The pain of losing you is intense. It reminds us of the depth of our love for you.

This candle represents our courage to confront our sorrow, to comfort each other, to change our lives.

This light is in your memory—the times we laughed, the times we cried, the times we were angry with each other, the silly things you did, the caring and joy you gave us.

This is the light of love. As we enter this holiday season, day by day we cherish the special place in our hearts that will always be reserved for you. We thank you for the gift your living brought to each of us. We love you.

Taken from: "Holiday Help" (Hope and Healing for Those Who Grieve) Published by ACCORD, INC.