Preparing for Your Advance Care Planning Appointment

Advance care planning is an ongoing process of talking about your goals, values and wishes in terms of your health care. Your trained Advance Care Planning Facilitator at Aurora Health Care is ready to guide you through this process.

In preparation:

➢ **Review Materials**
Review the educational materials provided and reflect on the questions in the Advance Care Planning Guide.

➢ **Invite your Decision-Maker**
If possible, bring the person(s) that you are considering or have chosen to be your health care agent(s), or any other loved ones, to your appointment.

➢ **Gather Contact Information**
Bring the names, addresses and phone numbers of those individuals who may be serving as your health care agents. Refer to the Advance Care Planning Guide “Who Should Make Decisions” section.

➢ **View this Video**
*It's About the Conversation* is a 10-minute introduction to the topic of advance care planning through the stories and insights of Wisconsin residents. To view the video go to: https://vimeo.com/109633109

**Thank you!**
Making your health care wishes known is one of the greatest gifts you can give to yourself and your loved ones. Thank you for scheduling the following advance care planning appointment:

When: __________________________

Where: __________________________

With: __________________________