

Learn more about Surgical Procedures

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Websites

[facs.org/education/patient-education/patient-resources](https://www.ncbi.nlm.nih.gov/medlineplus/surgery.html) The **American College of Surgeons** provides patient education materials with current information on frequently performed surgical procedures to help you understand your operation and make good decisions about your treatment. Click "Specific Operation Brochures" to see a listing of resources on various surgical procedures, some of which are available in Spanish and Chinese. Click "Prepare for Your Operation" to learn more about surgical pain management, medications, and what questions to ask your surgeon.

[nlm.nih.gov/medlineplus/surgery.html](https://www.ncbi.nlm.nih.gov/medlineplus/surgery.html) **MedlinePlus** gathers many best-of-the-Web pages about surgery and groups them into convenient categories. Some of the Web pages have been translated into several languages. Under "Start Here," click "Having Surgery? What You Need to Know" to be linked to helpful information and a printable booklet with questions you can ask your doctor or surgeon.

[nlm.nih.gov/medlineplus/surgeryvideos.html](https://www.ncbi.nlm.nih.gov/medlineplus/surgeryvideos.html) **MedlinePlus' Videos of Surgical Procedures** offers links to more than 200 pre-recorded, hour-long webcasts of actual surgeries performed in the U.S. since 2004. Click the orange "Espanol" tab in the upper-right corner for Spanish-language videos.

[YourSurgery.com](http://www.yoursurgery.com) Visit **YourSurgery.com** for information about surgical procedures and risks. View many state-of-the-art color diagrams, photos and animations detailing common operations.

Local resources

AuroraHealthCare.org To find an **Aurora Health Care** surgeon in your area, click on "Find a Doctor" on the homepage. A customizable search box appears and you can choose from the search options to find the type of doctor and location that suits you best.

If you prefer, you may also find a surgeon by calling **Aurora Health Care** at 888-863-5502. After selecting English or Spanish, press "2" to access the Physician Referral Service; an operator will help you. Your Aurora librarian can send you surgical procedure information from reliable resources at no charge. Aurora Libraries are located at: **Aurora St. Luke's Medical Center**, 414-649-7356; **Aurora Sinai Medical Center**, 414-219-6710; **Aurora West Allis Medical Center**, 414-328-7910, all in Milwaukee; **Aurora BayCare Medical Center in Green Bay**, 920-288-3058; **Aurora Medical Center in Oshkosh**, 920-456-7039; **Aurora Medical Center in Summit**, 262-434-1070; and **Aurora Medical Center in Grafton**, 262-329-1025.

Books

Surgery Sourcebook: Basic Consumer Health Information About Common Surgical Techniques and Procedure, edited by Amy L. Sutton, Omnigraphics, 2013, 978-0780812918, \$95.00. This third edition describes many common surgical procedures and offers preparations patients can make prior to surgery as well as recovery strategies.

Complete Guide to Symptoms, Illness & Surgery by H. Winter Griffith, Perigree Trade, 2012, ISBN 9780399161513, \$30. In its 6th edition, this is an up-to-date guide for understanding and seeking treatment for any illness with medical therapies, drugs and surgeries.

Prepare for Surgery, Heal Faster: A Guide of Mind-Body Techniques by Peggy Huddleston, Angel River Press, 2012, ISBN 9780964575769, \$14.95. Psychotherapist Peggy Huddleston has developed five steps to prepare for surgery using mind-body techniques to calm jitters and create biochemistry that enhances healing.

Understanding Anesthesia: What You Need to Know About Sedation & Pain Control by Steven L. Orebaugh, MD, Johns Hopkins University Press, 2011, ISBN 9781421403175, \$19.95. The various options for anesthesia are described, how they can be used together, and their associated complications and risks.

Books on this topic are available for checkout from Aurora Libraries and may be available at your public library.