2015 Winnebago County
Behavioral Risk Factor Surveillance System:
Partners:
Affinity Health System
Aurora Health Care
ThedaCare

Regional Collaboration Team:
Calumet County Health Department
City of Appleton Health Department
City of Menasha Health Department
City of Neenah Health Department
Outagamie County Dept. of Health and Human Services
City of Oshkosh Health Services Division
Winnebago County Health Department
Methodology

• 401 telephone interviews
  • conducted 1/15/15 through 3/12/15
• Random, selection of persons 18 years old and older – data weighted by age and gender to align to 2010 census results for comparison
• Low margin of error
  • 95% confidence obtained in survey
• One percentage point equals 1,309 individuals
• 2010 US Census for Winnebago County
  • 130,862 persons 18 years or older
  • 73,329 households
• 2003-2011 comparisons reflect Winnebago County without City of Oshkosh.
The Data Sources

• LOCAL DATA:
  • 2015 Winnebago County BRFSS
  • 2011 Winnebago County BRFSS
  • 2007 Winnebago County BRFSS
  • 2003 Winnebago County BRFSS

• STATE AND NATIONAL DATA:
  • CDC BRFSS 2014 SAS datasets
The Graphs Explained

• Slide Arrow Color:
  • GREEN arrow indicator

• Local results in 2015 trending over 5% better than 2011 results (left side)
• Local results in 2015 over 5% better than state results (right side)
The Graphs Explained

• Slide Arrow Color:
  • YELLOW arrow indicator

• Local results in 2015 trending similar to 2011 results (within 5%) (left side)
• Local results in 2015 similar to state results (within 5%) (right side)
The Graphs Explained

• Slide Arrow Color:
  • RED arrow indicator

• Local results in 2015 trending over 5% worse than 2011 results (left side)
• Local results in 2015 over 5% worse than state results (right side)
The Graphs Explained

• AXIS:
  • X-axis:
    • BRFSS survey tool and year
  • Y-axis:
    • Percent Response

• TITLE:
  • Winnebago County BRFSS TOPIC
  • BRFSS question in quotations

• Note:
  • Not all chart values equal 100% due to “not sure” and “refused” responses being omitted to ease chart readability
Demographic Age

“What is your age?”

<table>
<thead>
<tr>
<th>Age Group</th>
<th>2015 BRFSS Winnebago</th>
<th>2011 BRFSS Winnebago</th>
<th>2015 CDC BRFSS Wisconsin</th>
<th>2015 CDC BRFSS Nationwide</th>
</tr>
</thead>
<tbody>
<tr>
<td>18-24</td>
<td>15%</td>
<td>10%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>25-34</td>
<td>17%</td>
<td>16%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>35-44</td>
<td>16%</td>
<td>17%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>45-54</td>
<td>20%</td>
<td>17%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>55-64</td>
<td>17%</td>
<td>17%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>65 and over</td>
<td>17%</td>
<td>18%</td>
<td>0%</td>
<td>0%</td>
</tr>
</tbody>
</table>
Demographic Ethnic Heritage

“What best describes your ethnic heritage?”

- White
- Black
- Asian, Pacific Islander
- American Indian, Alaska Native
- *Hispanic/Latino Indicator

<table>
<thead>
<tr>
<th>Year</th>
<th>White</th>
<th>Black</th>
<th>Asian, Pacific Islander</th>
<th>American Indian, Alaska Native</th>
<th>*Hispanic/Latino Indicator</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS</td>
<td>95%</td>
<td>2%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Winnebago</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2011 BRFSS</td>
<td>97%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Winnebago</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2007 BRFSS</td>
<td>98%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Winnebago</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2003 BRFSS</td>
<td>98%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Winnebago</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2015 CDC BRFSS</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Wisconsin</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2015 CDC BRFSS</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Nationwide</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*HISPANIC/LATINO INDICATOR REPRESENTS THOSE WHO INDICATED HISPANIC OR LATINO ETHNICITY IN ADDITION.
Demographic Marital Status

"Are you..."

- Married
- Divorced
- Widowed
- Separated
- Never been married
- A member of an unmarried couple

<table>
<thead>
<tr>
<th>Year</th>
<th>Marital Status</th>
<th>Winnebago</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS</td>
<td>Married</td>
<td>46%</td>
</tr>
<tr>
<td>2011 BRFSS</td>
<td>Divorced</td>
<td>8%</td>
</tr>
<tr>
<td>2007 BRFSS</td>
<td>Widowed</td>
<td>11%</td>
</tr>
<tr>
<td>2003 BRFSS</td>
<td>Separated</td>
<td>8%</td>
</tr>
<tr>
<td>2015 CDC BRFSS</td>
<td>Never been married</td>
<td>0%</td>
</tr>
<tr>
<td>2015 CDC BRFSS</td>
<td>A member of an unmarried couple</td>
<td>0%</td>
</tr>
</tbody>
</table>
“What is the highest grade or year of school you have completed?”

- Never Attended or Kindergarten
- Grades 1-8
- Grades 9-11
- Grade 12 or GED
- College 1-3
- College 4 or more

<table>
<thead>
<tr>
<th>Year</th>
<th>Never Attended or Kindergarten</th>
<th>Grades 1-8</th>
<th>Grades 9-11</th>
<th>Grade 12 or GED</th>
<th>College 1-3</th>
<th>College 4 or more</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS</td>
<td>0%</td>
<td>30%</td>
<td>32%</td>
<td>2%</td>
<td>6%</td>
<td>1%</td>
</tr>
<tr>
<td>Winnebago</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2011 BRFSS</td>
<td>0%</td>
<td>31%</td>
<td>33%</td>
<td>3%</td>
<td>9%</td>
<td>1%</td>
</tr>
<tr>
<td>Winnebago</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2007 BRFSS</td>
<td>0%</td>
<td>29%</td>
<td>33%</td>
<td>6%</td>
<td>9%</td>
<td>1%</td>
</tr>
<tr>
<td>Winnebago</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2003 BRFSS</td>
<td>0%</td>
<td>27%</td>
<td>25%</td>
<td>9%</td>
<td>9%</td>
<td>1%</td>
</tr>
<tr>
<td>Winnebago</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2015 CDC BRFSS</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Wisconsin</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2015 CDC BRFSS</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Nationwide</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Demographic Employment

“Are you currently...”

- Employed for wages
- Self-employed
- Farmer
- Out of work >1yr
- Out of work <1yr
- Homemaker
- Student
- Retired
- Unable to work

Percent Response

- 2015 BRFSS Winnebago: 50%
- 2011 BRFSS Winnebago: 55%
- 2015 CDC BRFSS Wisconsin
- 2015 CDC BRFSS Nationwide

*2007 AND 2003 EMPLOYMENT NOT ASKED.
Demographic Income

“Is your annual household income before taxes from all sources...”

- <$10,000
- $10,001-$15,000
- $15,001-$20,000
- $20,001-$25,000
- $25,001-$35,000
- $35,001-$50,000
- $50,001-$75,000
- >$75,000
- DK/RF

Percent Response

2015 BRFSS Winnebago: 9% < $10,000, 9% $10,001-$15,000, 8% $15,001-$20,000, 16% $20,001-$25,000, 16% $25,001-$35,000, 9% $35,001-$50,000, 6% $50,001-$75,000, 6% >$75,000

2011 BRFSS Winnebago: 3% < $10,000, 3% $10,001-$15,000, 3% $15,001-$20,000, 16% $20,001-$25,000, 16% $25,001-$35,000, 7% $35,001-$50,000, 9% $50,001-$75,000, 5% >$75,000

2015 CDC BRFSS Wisconsin: 0% < $10,000, 0% $10,001-$15,000, 0% $15,001-$20,000, 0% $20,001-$25,000, 0% $25,001-$35,000, 0% $35,001-$50,000, 0% $50,001-$75,000, 0% >$75,000

2015 CDC BRFSS Nationwide: 0% < $10,000, 0% $10,001-$15,000, 0% $15,001-$20,000, 0% $20,001-$25,000, 0% $25,001-$35,000, 0% $35,001-$50,000, 0% $50,001-$75,000, 0% >$75,000

*2007 AND 2003 DIFFERENT INCOME CATEGORIES USED.
Demographic Children

“How many children less than 18 years of age live in your household?”

- 0
- 1-2
- 3-4
- 5 or more

2015 BRFSS Winnebago:
- 64%
- 27%
- 7%
- 2%

2015 CDC BRFSS Wisconsin:
- 0%
- 0%
- 0%
- 0%

2015 CDC BRFSS Nationwide:
- 0%
- 0%
- 0%
- 0%
## Demographic Location

“In what city, town or village do you legally reside?”

<table>
<thead>
<tr>
<th>Location</th>
<th>Percentage</th>
<th>Location</th>
<th>Percentage</th>
<th>Location</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Algoma (town)</td>
<td>4%</td>
<td>Neenah</td>
<td>11%</td>
<td>Rushford</td>
<td>1%</td>
</tr>
<tr>
<td>Allenville</td>
<td>&lt;1%</td>
<td>Nekimi</td>
<td>&lt;1%</td>
<td>Vinland</td>
<td>2%</td>
</tr>
<tr>
<td>Black Wolf</td>
<td>2%</td>
<td>Nepeuskum</td>
<td>&lt;1%</td>
<td>Waukau</td>
<td>&lt;1%</td>
</tr>
<tr>
<td>Butte des Morts</td>
<td>1%</td>
<td>Omro</td>
<td>6%</td>
<td>Winchester</td>
<td>1%</td>
</tr>
<tr>
<td>Clayton</td>
<td>4%</td>
<td>Oshkosh</td>
<td>52%</td>
<td>Winneconne</td>
<td>5%</td>
</tr>
<tr>
<td>Larsen</td>
<td>&lt;1%</td>
<td>Pickett</td>
<td>1%</td>
<td>Winnebago</td>
<td>&lt;1%</td>
</tr>
<tr>
<td>Menasha</td>
<td>10%</td>
<td>Poygan</td>
<td>&lt;1%</td>
<td>Wolf River</td>
<td>1%</td>
</tr>
</tbody>
</table>
Demographic Gender

"Sex of respondent"

<table>
<thead>
<tr>
<th>Year</th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015</td>
<td>50%</td>
<td>50%</td>
</tr>
<tr>
<td>2011</td>
<td>45%</td>
<td>55%</td>
</tr>
<tr>
<td>2007</td>
<td>51%</td>
<td>50%</td>
</tr>
<tr>
<td>2003</td>
<td>49%</td>
<td>51%</td>
</tr>
</tbody>
</table>

*2007 AND 2003 GENDER WAS DERIVED AND NOT ASKED.*
Body Mass Index

BMI is calculated as \{\text{weight in pounds}/(\text{height in inches})(\text{height in inches})\} \times 703

- Neither overweight or obese
- Overweight
- Obese

<table>
<thead>
<tr>
<th>Year</th>
<th>Outagamie</th>
<th>Winnebago</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS</td>
<td>42%</td>
<td>33%</td>
</tr>
<tr>
<td>2011 BRFSS</td>
<td>27%</td>
<td>35%</td>
</tr>
<tr>
<td>2007 BRFSS</td>
<td>31%</td>
<td>32%</td>
</tr>
<tr>
<td>2003 BRFSS</td>
<td>41%</td>
<td>39%</td>
</tr>
</tbody>
</table>

2015 CDC BRFSS Wisconsin and Nationwide data are not available.
BMI is calculated as \( \frac{\text{weight in pounds}}{\text{height in inches} \times \text{height in inches}} \times 703 \).
Health Status

“Would you say that in general your health is...”

<table>
<thead>
<tr>
<th>Year</th>
<th>Excellent</th>
<th>Very Good</th>
<th>Good</th>
<th>Fair</th>
<th>Poor</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Winnebago</td>
<td>18%</td>
<td>36%</td>
<td>31%</td>
<td>4%</td>
<td>11%</td>
</tr>
<tr>
<td>2011 BRFSS Winnebago</td>
<td>21%</td>
<td>36%</td>
<td>32%</td>
<td>9%</td>
<td>4%</td>
</tr>
<tr>
<td>2007 BRFSS Winnebago</td>
<td>24%</td>
<td>35%</td>
<td>31%</td>
<td>7%</td>
<td>3%</td>
</tr>
<tr>
<td>2003 BRFSS Winnebago</td>
<td>24%</td>
<td>34%</td>
<td>29%</td>
<td>12%</td>
<td>2%</td>
</tr>
<tr>
<td>2015 CDC BRFSS Wisconsin</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>2015 CDC BRFSS Nationwide</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
</tbody>
</table>
“Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?”

- 2015 BRFSS Winnebago: 61% (0 days), 9% (1-2 days), 31% (3 or more days)
- 2011 BRFSS Winnebago: 69% (0 days), 10% (1-2 days), 21% (3 or more days)

*2007 AND 2003 NOT ASKED LOCALLY.*
Healthy Days - Mental

“Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?”

- 0 days
- 1-2 days
- 3 or more days

Year | Percent Response
--- | ---
2015 BRFSS Winnebago | 59% (10%), 30% (10%), 0% (0%)
2011 BRFSS Winnebago | 65% (13%), 21% (21%), 0% (0%)
2015 CDC BRFSS Wisconsin | 0% (0%), 0% (0%), 0% (0%)
2015 CDC BRFSS Nationwide | 0% (0%), 0% (0%), 0% (0%)

*2007 AND 2003 NOT ASKED LOCALLY.*
“During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?”

<table>
<thead>
<tr>
<th>Percent Response</th>
<th>2015 BRFSS Winnebago</th>
<th>2011 BRFSS Winnebago</th>
<th>2015 CDC BRFSS Wisconsin</th>
<th>2015 CDC BRFSS Nationwide</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 days</td>
<td>51%</td>
<td>63%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>1-2 days</td>
<td>15%</td>
<td>14%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>3 or more days</td>
<td>34%</td>
<td>23%</td>
<td>0%</td>
<td>0%</td>
</tr>
</tbody>
</table>

*2007 AND 2003 NOT ASKED LOCALLY.*
Health Care Access

“Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?”

<table>
<thead>
<tr>
<th>Year</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Winnebago</td>
<td>8%</td>
<td>91%</td>
</tr>
<tr>
<td>2011 BRFSS Winnebago</td>
<td>8%</td>
<td>92%</td>
</tr>
<tr>
<td>2015 CDC BRFSS Wisconsin</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>2015 CDC BRFSS Nationwide</td>
<td>0%</td>
<td>0%</td>
</tr>
</tbody>
</table>

*2007 AND 2003 NOT ASKED LOCALLY. 
"About how long has it been since you last visited a doctor for a routine checkup?"

- Within past year (1-12 months ago)
- Within past 2 years (1-2 years ago)
- Within past 5 years (2-5 years ago)
- 5 or more years ago
- Never

- 2015 BRFSS Winnebago: Within past year (80%), 2 years (2%), 5 years (4%), Never (2%)
- 2011 BRFSS Winnebago: Within past year (70%), 2 years (1%), 5 years (7%), Never (2%)
- 2007 BRFSS Winnebago: Within past year (55%), 2 years (10%), 5 years (12%), Never (1%)
- 2003 BRFSS Winnebago: Within past year (64%), 2 years (3%), 5 years (10%), Never (1%)
- 2015 CDC BRFSS Wisconsin: Within past year (0%), 2 years (0%), 5 years (0%), Never (0%)
- 2015 CDC BRFSS Nationwide: Within past year (0%), 2 years (0%), 5 years (0%), Never (0%)

Percent Response
Health Care Access

“What is the primary source of your health care coverage? Is it...”

- A plan purchased through an employer or union
- Medicare
- TRICARE, VA, or Military
- Some other source
- A plan that you or another family members buys on your own
- Medicaid or other state program
- Alaska Native, Indian Health Service, Tribal Health Services
- None

Percent Response

<table>
<thead>
<tr>
<th>Source</th>
<th>2015 BRFSS Winnebago</th>
<th>2015 CDC BRFSS Wisconsin</th>
<th>2015 CDC BRFSS Nationwide</th>
</tr>
</thead>
<tbody>
<tr>
<td>A plan purchased through an employer or union</td>
<td>44%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Medicare</td>
<td>14%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>TRICARE, VA, or Military</td>
<td>20%</td>
<td>2%</td>
<td>2%</td>
</tr>
<tr>
<td>Some other source</td>
<td>2%</td>
<td>5%</td>
<td>5%</td>
</tr>
<tr>
<td>A plan that you or another family members buys on your own</td>
<td>10%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Medicaid or other state program</td>
<td>5%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Alaska Native, Indian Health Service, Tribal Health Services</td>
<td>5%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>None</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
</tbody>
</table>
“Have you delayed getting medical care for any of the following reasons in the past 12 months?”

- You couldn’t get through on the telephone
- Once you got there, you had to wait too long to see the doctor
- You didn’t have transportation
- No, I did not delay getting medical care/did not need medical care
- You couldn’t get an appointment soon enough
- The (clinic/doctor’s) office wasn't open when you got there
- Other

<table>
<thead>
<tr>
<th>Percent Response</th>
<th>2015 BRFSS Winnebago</th>
<th>2015 CDC BRFSS Wisconsin</th>
<th>2015 CDC BRFSS Nationwide</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td></td>
<td>6%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td></td>
<td>2%</td>
<td>3%</td>
<td>0%</td>
</tr>
<tr>
<td></td>
<td>3%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td></td>
<td>9%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td></td>
<td>81%</td>
<td>0%</td>
<td>0%</td>
</tr>
</tbody>
</table>
“Was there a time during the last 12 months when you did not take your medication as prescribed because of cost?”

- Yes
- No
- No one in the household takes prescription meds

Percent Response

- 2015 BRFSS Winnebago: 8% Yes, 77% No, 14% No one in the household takes prescription meds
- 2011 BRFSS Winnebago: 8% Yes, 83% No, 8% No one in the household takes prescription meds
- 2015 CDC BRFSS Wisconsin: 0% Yes, 0% No, 0% No one in the household takes prescription meds
- 2015 CDC BRFSS Nationwide: 0% Yes, 0% No, 0% No one in the household takes prescription meds

*2007 AND 2003 NOT ASKED LOCALLY.*
“Do you currently have any health care bills that are being paid off over time?”

- **Yes**
  - 22% (2015 BRFSS Outagamie)

- **No**
  - 78% (2015 BRFSS Outagamie)

Comparisons:
- **2015 CDC BRFSS Wisconsin**
- **2015 CDC BRFSS Nationwide**
“On an average day, how many servings of vegetables do you eat? Would you say....”

<table>
<thead>
<tr>
<th>Year</th>
<th>One</th>
<th>Two</th>
<th>Three</th>
<th>Four</th>
<th>Five or More</th>
<th>Not at all</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Winnebago</td>
<td>30%</td>
<td>16%</td>
<td>5%</td>
<td>9%</td>
<td>7%</td>
<td>9%</td>
</tr>
<tr>
<td>2011 BRFSS Winnebago</td>
<td>35%</td>
<td>30%</td>
<td>15%</td>
<td>9%</td>
<td>9%</td>
<td>4%</td>
</tr>
<tr>
<td>2007 BRFSS Winnebago</td>
<td>30%</td>
<td>37%</td>
<td>16%</td>
<td>6%</td>
<td>6%</td>
<td>4%</td>
</tr>
<tr>
<td>2003 BRFSS Winnebago</td>
<td>36%</td>
<td>31%</td>
<td>23%</td>
<td>4%</td>
<td>2%</td>
<td>4%</td>
</tr>
<tr>
<td>2015 CDC BRFSS Wisconsin</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>2015 CDC BRFSS Nationwide</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
</tbody>
</table>

*2007 and 2003 included 6 ounces of vegetable juice. One serving is 1/2 cup of cooked or raw vegetables, 1 cup of leafy greens.*
Fruits

“On an average day, not counting juice, how many servings of fruit do you eat?”

Percent Response

<table>
<thead>
<tr>
<th>Year</th>
<th>One</th>
<th>Two</th>
<th>Three</th>
<th>Four</th>
<th>Five or More</th>
<th>Not at All</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS</td>
<td>34%</td>
<td>31%</td>
<td>16%</td>
<td>5%</td>
<td>3%</td>
<td>10%</td>
</tr>
<tr>
<td>2011 BRFSS</td>
<td>39%</td>
<td>31%</td>
<td>13%</td>
<td>6%</td>
<td>9%</td>
<td>6%</td>
</tr>
<tr>
<td>2007 BRFSS</td>
<td>25%</td>
<td>31%</td>
<td>10%</td>
<td>4%</td>
<td>7%</td>
<td>6%</td>
</tr>
<tr>
<td>2003 BRFSS</td>
<td>27%</td>
<td>31%</td>
<td>9%</td>
<td>5%</td>
<td>4%</td>
<td>3%</td>
</tr>
</tbody>
</table>

*2007 and 2003 included 6 ounces of fruit juice. One serving is ½ cup of canned or cooked fruit, 1 medium piece of fruit, or ¼ cup of dried fruit.
Exercise Participation

“During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening or walking for exercise?”

<table>
<thead>
<tr>
<th>Year</th>
<th>Winnebago Yes</th>
<th>Winnebago No</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS</td>
<td>76%</td>
<td>24%</td>
</tr>
<tr>
<td>2011 BRFSS</td>
<td>83%</td>
<td>16%</td>
</tr>
<tr>
<td>2003 BRFSS</td>
<td>76%</td>
<td>24%</td>
</tr>
<tr>
<td>2015 CDC BRFSS Wisconsin</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>2015 CDC BRFSS Nationwide</td>
<td>0%</td>
<td>0%</td>
</tr>
</tbody>
</table>

* NO LOCAL COMPARISON AVAILABLE FOR 2007
“Now thinking about the moderate activities you do when you are not working, in a usual week, do you do moderate activities for at least 10 minutes at a time...”

<table>
<thead>
<tr>
<th>Year</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015</td>
<td>82%</td>
<td>18%</td>
</tr>
<tr>
<td>2011</td>
<td>91%</td>
<td>9%</td>
</tr>
<tr>
<td>2007</td>
<td>85%</td>
<td>15%</td>
</tr>
<tr>
<td>2003</td>
<td>76%</td>
<td>24%</td>
</tr>
</tbody>
</table>
“How many days per week do you do these moderate activities for at least 10 minutes at a time?”

<table>
<thead>
<tr>
<th>Percent Response</th>
<th>1 day</th>
<th>2 days</th>
<th>3 days</th>
<th>4 days</th>
<th>5 or more days</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Winnebago</td>
<td>6%</td>
<td>13%</td>
<td>21%</td>
<td>11%</td>
<td>49%</td>
</tr>
<tr>
<td>2011 BRFSS Winnebago</td>
<td>3%</td>
<td>10%</td>
<td>22%</td>
<td>15%</td>
<td>48%</td>
</tr>
<tr>
<td>2007 BRFSS Winnebago</td>
<td>1%</td>
<td>11%</td>
<td>23%</td>
<td>18%</td>
<td>47%</td>
</tr>
<tr>
<td>2003 BRFSS Winnebago</td>
<td>5%</td>
<td>18%</td>
<td>21%</td>
<td>14%</td>
<td>42%</td>
</tr>
<tr>
<td>2015 CDC BRFSS Wisconsin</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>2015 CDC BRFSS Nationwide</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
</tbody>
</table>
“On the days you do these moderate activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities?”

- 15 or less
- 16-30
- 31-45
- 46-1 hr
- 1-2 hours
- > 2 hrs

Percent Response:

- 2015 BRFSS Winnebago: 14%, 14%, 21%, 3%, 7%, 12%
- 2011 BRFSS Winnebago: 7%, 32%, 17%, 18%, 9%, 6%
- 2007 BRFSS Winnebago: 35%, 26%, 16%, 7%, 7%, 10%
- 2003 BRFSS Winnebago: 32%, 5%, 2%, 7%, 10%, 14%
- 2015 CDC BRFSS Wisconsin: 0%, 0%, 0%, 0%, 0%, 0%
- 2015 CDC BRFSS Nationwide: 0%, 0%, 0%, 0%, 0%, 0%
“Now thinking about the vigorous activities you do when you are not working, in a usual week, do you do vigorous activities for at least 10 minutes at a time...”
“How many days per week do you do these vigorous activities for at least 10 minutes at a time?”

- 1 day
- 2 days
- 3 days
- 4 days
- 5 or more days

<table>
<thead>
<tr>
<th>Year</th>
<th>2015 BRFSS Winnebago</th>
<th>2011 BRFSS Winnebago</th>
<th>2007 BRFSS Winnebago</th>
<th>2015 CDC BRFSS Wisconsin</th>
<th>2015 CDC BRFSS Nationwide</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015</td>
<td>21%</td>
<td>19%</td>
<td>23%</td>
<td>19%</td>
<td>0%</td>
</tr>
<tr>
<td>2011</td>
<td>17%</td>
<td>20%</td>
<td>13%</td>
<td>19%</td>
<td>0%</td>
</tr>
<tr>
<td>2007</td>
<td>19%</td>
<td>31%</td>
<td>19%</td>
<td>15%</td>
<td>7%</td>
</tr>
<tr>
<td>2015 CDC BRFSS Wisconsin</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>2015 CDC BRFSS Nationwide</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
</tbody>
</table>
“On the days you do these vigorous activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities?”

- 15 or less
- 16-30
- 31-45
- 46-1 hr
- 1-2 hours
- > 2 hrs

Percent Response

<table>
<thead>
<tr>
<th>Year</th>
<th>2015 BRFSS Winnebago</th>
<th>2011 BRFSS Winnebago</th>
<th>2007 BRFSS Winnebago</th>
<th>2015 CDC BRFSS Wisconsin</th>
<th>2015 CDC BRFSS Nationwide</th>
</tr>
</thead>
<tbody>
<tr>
<td>15 or less</td>
<td>8%</td>
<td>11%</td>
<td>8%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>16-30</td>
<td>28%</td>
<td>34%</td>
<td>20%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>31-45</td>
<td>23%</td>
<td>10%</td>
<td>10%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>46-1 hr</td>
<td>25%</td>
<td>17%</td>
<td>6%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>1-2 hours</td>
<td>14%</td>
<td>21%</td>
<td>10%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>&gt; 2 hrs</td>
<td>2%</td>
<td>6%</td>
<td>6%</td>
<td>0%</td>
<td>0%</td>
</tr>
</tbody>
</table>
Inadequate Sleep

“On average, how many hours of sleep do you get in a 24-hour period?”

<table>
<thead>
<tr>
<th>Percent Response</th>
<th>5 or less</th>
<th>6</th>
<th>7</th>
<th>8</th>
<th>9 and over</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Winnebago</td>
<td>14%</td>
<td>18%</td>
<td>32%</td>
<td>27%</td>
<td>8%</td>
</tr>
<tr>
<td>2015 CDC BRFSS Wisconsin</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>2015 CDC BRFSS Nationwide</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
</tbody>
</table>
Asthma Prevalence

“Have you ever been told by a doctor, nurse, or other health professional that you have asthma?”

<table>
<thead>
<tr>
<th>Year</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Winnebago</td>
<td>15%</td>
<td>85%</td>
</tr>
<tr>
<td>2011 BRFSS Winnebago</td>
<td>14%</td>
<td>86%</td>
</tr>
<tr>
<td>2003 BRFSS Winnebago</td>
<td>9%</td>
<td>91%</td>
</tr>
<tr>
<td>2015 CDC BRFSS Wisconsin</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>2015 CDC BRFSS Nationwide</td>
<td>0%</td>
<td>0%</td>
</tr>
</tbody>
</table>

*NO LOCAL COMPARISON AVAILABLE FOR 2007*
Asthma Prevalence

“Do you still have asthma?”

- 2015 BRFSS Winnebago: 61%
- 2015 CDC BRFSS Wisconsin: 32%
- 2015 CDC BRFSS Nationwide: 0%

Local - State Comparison
Depression Prevalence

“Have you ever been told by a doctor, nurse, or other health professional you have a depressive disorder, including depression, major depression, dysthymia, or minor depression?”

- 23% (2015 BRFSS Winnebago)
- 77% (2015 BRFSS Wisconsin)
- 0% (2015 CDC BRFSS Wisconsin)
- 0% (2015 CDC BRFSS Nationwide)
Diabetes Prevalence

“Have you ever been told by a doctor that you have diabetes?”

<table>
<thead>
<tr>
<th>Year</th>
<th>Yes</th>
<th>Yes, female during pregnancy</th>
<th>No</th>
<th>No, pre-diabetes or borderline</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Winnebago</td>
<td>9%</td>
<td>2%</td>
<td></td>
<td>2%</td>
</tr>
<tr>
<td>2011 BRFSS Winnebago</td>
<td>9%</td>
<td>2%</td>
<td></td>
<td>2%</td>
</tr>
<tr>
<td>2007 BRFSS Winnebago</td>
<td>4%</td>
<td>4%</td>
<td></td>
<td>4%</td>
</tr>
<tr>
<td>2003 BRFSS Winnebago</td>
<td>5%</td>
<td>0%</td>
<td></td>
<td>0%</td>
</tr>
<tr>
<td>2015 CDC BRFSS Wisconsin</td>
<td>0%</td>
<td>0%</td>
<td></td>
<td>0%</td>
</tr>
<tr>
<td>2015 CDC BRFSS Nationwide</td>
<td>0%</td>
<td>0%</td>
<td></td>
<td>0%</td>
</tr>
</tbody>
</table>
"How old were you when you were told you have diabetes?"

- 10-17
- 18-24
- 25-34
- 35-44
- 45-54
- 55-64
- 65 and over
- DK

*No local comparison available for 2007.*
Oral Health

“How long has it been since you last visited a dentist/dental clinic for any reason?”

- Within past year (1-12 months ago)
- Within past 2 years (1-2 years ago)
- Within past 5 years (2-5 years ago)
- 5 or more years ago
- Never

Percent Response

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>2015</td>
<td>81%</td>
<td>81%</td>
<td>72%</td>
<td>81%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>2011</td>
<td>9%</td>
<td>4%</td>
<td>5%</td>
<td>12%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>2007</td>
<td>3%</td>
<td>3%</td>
<td>1%</td>
<td>3%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>2015 CDC</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Nationwide</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
</tbody>
</table>
Smoking Prevalence

“Have you smoked at least 100 cigarettes in your entire life?”

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Outagamie</td>
<td>46%</td>
<td>54%</td>
</tr>
<tr>
<td>2015 CDC BRFSS Wisconsin</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>2015 CDC BRFSS Nationwide</td>
<td>0%</td>
<td>0%</td>
</tr>
</tbody>
</table>

*THIS KEY QUESTION NOT ASKED IN PREVIOUS YEARS.*
Current Smoking

“Do you now smoke cigarettes every day, some days, or not at all?”

<table>
<thead>
<tr>
<th>Year</th>
<th>Every day</th>
<th>Some days</th>
<th>Not at all</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Winnebago</td>
<td>32%</td>
<td>7%</td>
<td>61%</td>
</tr>
<tr>
<td>2011 BRFSS Winnebago</td>
<td>8%</td>
<td>5%</td>
<td>92%</td>
</tr>
<tr>
<td>2007 BRFSS Winnebago</td>
<td>169%</td>
<td>3%</td>
<td>81%</td>
</tr>
</tbody>
</table>

*2015 local, state, and national data is based only on those who have smoked “100 cigarettes in lifetime.” 2011-2007 include all respondents; “100 cigarette” question not asked.*
Stopped Smoking

“During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?”

<table>
<thead>
<tr>
<th>Year</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS</td>
<td>44%</td>
<td>56%</td>
</tr>
<tr>
<td>2011 BRFSS</td>
<td>50%</td>
<td>46%</td>
</tr>
<tr>
<td>2007 BRFSS</td>
<td>48%</td>
<td>52%</td>
</tr>
<tr>
<td>2003 BRFSS</td>
<td>48%</td>
<td>52%</td>
</tr>
</tbody>
</table>
Tobacco Use

“How long has it been since you last smoked a cigarette, even one or two puffs?”

- Within the past month (less than 1 month)
- Within the past 6 months (3-6 months)
- Within the past 5 years (1-5 years)
- Within the past 3 months (1-3 months)
- Within the past year (6 months - 1 year)
- Within the past 10 years (5-10 years)

Percent Response

2015 BRFSS Outagamie
2015 CDC BRFSS Wisconsin
2015 CDC BRFSS Nationwide
Smokeless Tobacco Use

“Do you currently use chewing tobacco, snuff, or snus every day, some days, or not at all?”

<table>
<thead>
<tr>
<th></th>
<th>Every day</th>
<th>Some days</th>
<th>Not at all</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Winnebago</td>
<td>3%</td>
<td>1%</td>
<td>96%</td>
</tr>
<tr>
<td>2011 BRFSS Winnebago</td>
<td>2%</td>
<td>2%</td>
<td>96%</td>
</tr>
<tr>
<td>2015 CDC BRFSS Wisconsin</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>2015 CDC BRFSS Nationwide</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
</tbody>
</table>

*NO LOCAL COMPARISON AVAILABLE FOR 2007 OR 2003.*
E-Cigarettes

“Do you currently use electronic cigarettes (e-cigarettes, NJOY, Bluetip) every day, some days, or not at all?”

![Chart showing usage percentage for different categories: Every day, Some days, Not at all.](chart)

- **2015 BRFSS Winnebago**:
  - Every day: 4%
  - Some days: 4%
  - Not at all: 92%

- **2015 CDC BRFSS Wisconsin**:
  - Every day: 0%
  - Some days: 0%
  - Not at all: 0%

- **2015 CDC BRFSS Nationwide**:
  - Every day: 0%
  - Some days: 0%
  - Not at all: 0%
During the past 30 days, how many days per month did you have at least one drink of any alcoholic beverage?

- 1 day or less
- 2
- 3
- 4
- 5-9
- 10-14
- 15 or more

*Overall, in 2015 40% indicated they had not drank any alcoholic beverage in the past 30 days.
“During the past 30 days, on the days when you drank, about how many drinks did you drink on the average?”
“Considering all types of alcoholic beverages, how many times during the past 30 days did you have 5 or more drinks on an occasion?”

- **2015 BRFSS Winnebago:** 14%, 7%, 7%
- **2011 BRFSS Winnebago:** 10%, 16%, 9%
- **2007 BRFSS Winnebago:** 13%, 17%, 5%
- **2003 BRFSS Winnebago:** 21%, 16%, 14%
- **2015 CDC BRFSS Wisconsin:** 0%
- **2015 CDC BRFSS Nationwide:** 0%
“During the past 30 days, what is the largest number of drinks you had on any occasion?”

- 2015 BRFSS Winnebago: 21% (1), 25% (2), 14% (3), 13% (4), 27% (5 or more)
- 2015 CDC BRFSS Wisconsin: (data not shown)
- 2015 CDC BRFSS Nationwide: (data not shown)
“During the past 12 months, have you had either a flu shot or flu vaccine that was sprayed in your nose?”

- **2015 BRFSS Outagamie**: 39% Yes, 61% No
- **2011 BRFSS Outagamie**: 46% Yes, 54% No
- **2003 BRFSS Winnebago**: 37% Yes, 62% No
- **2015 CDC BRFSS Wisconsin**: 0% Yes, 0% No
- **2015 CDC BRFSS Nationwide**: 0% Yes, 0% No

*2011 DATA COMBINED FLU SHOT AND FLUMIST. 2003 DOES NOT INCLUDE FLUMIST*
Number of Falls

“In the past 12 months, how many times have you fallen?”

- 2015 BRFSS Winnebago: 72% (0), 14% (1), 6% (2), 8% (3 or more)
- 2015 CDC BRFSS Wisconsin: 0%
- 2015 CDC BRFSS Nationwide: 0%

*BY A FALL, IT WAS MEANT WHEN A PERSON UNINTENTIONALLY COMES TO REST ON THE GROUND OR ANOTHER LOWER LEVEL.*
Falls - Injury

“How many of these falls caused an injury?”

<table>
<thead>
<tr>
<th></th>
<th>0</th>
<th>1</th>
<th>2-3</th>
<th>4 or more</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Winnebago</td>
<td>47%</td>
<td>29%</td>
<td>14%</td>
<td>10%</td>
</tr>
<tr>
<td>2015 CDC BRFSS Wisconsin</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>2015 CDC BRFSS Nationwide</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
</tbody>
</table>

* BY AN INJURY, IT WAS MEANT A FALL CAUSED THE RESPONDENT TO LIMIT THEIR REGULAR ACTIVITIES FOR AT LEAST A DAY OR TO GO SEE A DOCTOR.
Seatbelt Use

“How often do you use a seat belt when you drive or ride in a car? Would you say...”

<table>
<thead>
<tr>
<th>Year</th>
<th>Always</th>
<th>Nearly Always</th>
<th>Sometimes</th>
<th>Seldom</th>
<th>Never</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015</td>
<td>81%</td>
<td>12%</td>
<td>1%</td>
<td>2%</td>
<td>3%</td>
</tr>
<tr>
<td>2011</td>
<td>78%</td>
<td>11%</td>
<td>5%</td>
<td>1%</td>
<td>1%</td>
</tr>
<tr>
<td>2007</td>
<td>85%</td>
<td>8%</td>
<td>4%</td>
<td>1%</td>
<td>1%</td>
</tr>
<tr>
<td>2003</td>
<td>83%</td>
<td>6%</td>
<td>4%</td>
<td>3%</td>
<td>4%</td>
</tr>
<tr>
<td>2015 CDC</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Nationwide</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
</tbody>
</table>
“During the past 30 days, how many times have you driven when you’ve had perhaps too much to drink?”

- 2015 BRFSS Outagamie: 95%
- 2011 BRFSS Winnebago: 94%
- 2007 BRFSS Winnebago: 99%
- 2003 BRFSS Winnebago: 97%
- 2015 CDC BRFSS Wisconsin: 0%
- 2015 CDC BRFSS Nationwide: 0%

*2007 and 2003 included “drive or ride in a car driven by a person…” 2001, 2007, and 2003 only included categories “1 or more” and “never.”
“A mammogram is an x-ray of each breast to look for breast cancer. Have you ever had a mammogram?” (Age 40+)

<table>
<thead>
<tr>
<th>Year</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS</td>
<td>92%</td>
<td>8%</td>
</tr>
<tr>
<td>2011 BRFSS</td>
<td>93%</td>
<td>7%</td>
</tr>
<tr>
<td>2007 BRFSS</td>
<td>92%</td>
<td>8%</td>
</tr>
<tr>
<td>2003 BRFSS</td>
<td>92%</td>
<td>7%</td>
</tr>
<tr>
<td>2015 CDC BRFSS Wisconsin</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>2015 CDC BRFSS Nationwide</td>
<td>0%</td>
<td>0%</td>
</tr>
</tbody>
</table>
“How long has it been since you had your last mammogram?”

- Within past year (1-12 months ago)
- Within past 2 years (1-2 years ago)
- Within past 3 years (2-3 years ago)
- Within past 5 years (3-5 years ago)
- 5 or more years ago

Percent Response

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Within past year</td>
<td>73%</td>
<td>66%</td>
<td>70%</td>
<td>70%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Within past 2 years</td>
<td>18%</td>
<td>17%</td>
<td>15%</td>
<td>22%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Within past 3 years</td>
<td>3%</td>
<td>6%</td>
<td>5%</td>
<td>5%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Within past 5 years</td>
<td>2%</td>
<td>6%</td>
<td>3%</td>
<td>1%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>5 or more years ago</td>
<td>4%</td>
<td>5%</td>
<td>6%</td>
<td>2%</td>
<td>0%</td>
<td>0%</td>
</tr>
</tbody>
</table>
Breast Exam

“A clinical breast exam is when a doctor, nurse, or other health professional feels the breast for lumps. Have you ever had a clinical breast exam?”

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Winnebago</td>
<td>91%</td>
<td>9%</td>
</tr>
<tr>
<td>2011 BRFSS Winnebago</td>
<td>92%</td>
<td>7%</td>
</tr>
</tbody>
</table>

* NO LOCAL COMPARISON AVAILABLE FOR 2007
Last Breast Exam

“How long has it been since your last breast exam?”

- Within past year (1-12 months ago)
- Within past 2 years (1-2 years ago)
- Within past 3 years (2-3 years ago)
- Within past 5 years (3-5 years ago)
- 5 or more years ago

Percent Response:

- 2015 BRFSS Winnebago: 80%, 11%, 4%, 1%, 4%
- 2011 BRFSS Winnebago: 72%, 12%, 8%, 5%, 3%
- 2015 CDC BRFSS Wisconsin: 0%, 0%, 0%, 0%, 0%
- 2015 CDC BRFSS Nationwide: 0%, 0%, 0%, 0%, 0%

* NO LOCAL COMPARISON AVAILABLE FOR 2007
“A Pap test is a test for cancer of the cervix. Have you ever had a Pap test?”

- 2015 BRFSS Winnebago: 88% Yes, 12% No
- 2011 BRFSS Winnebago: 93% Yes, 6% No
- 2003 BRFSS Winnebago: 93% Yes, 5% No

(2015 CDC BRFSS Wisconsin and Nationwide data not provided.)

* NO LOCAL COMPARISON AVAILABLE FOR 2007 (THIS KEY QUESTION NOT ASKED IN 2007).
Last Pap Test

“How long has it been since you had your last Pap test?”

- Within past year (1-12 months ago)
- Within past 2 years (1-2 years ago)
- Within past 3 years (2-3 years ago)
- Within past 5 years (3-5 years ago)
- 5 or more years ago

Percent Response

Year | Within past year | Within past 2 years | Within past 3 years | Within past 5 years | 5 or more years
---|------------------|---------------------|---------------------|---------------------|------------------
2015 BRFSS Winnebago | 51% | 20% | 6% | 4% | 19%
2011 BRFSS Winnebago | 49% | 15% | 11% | 9% | 19%
2007 BRFSS Winnebago | 58% | 14% | 9% | 9% | 13%
2003 BRFSS Winnebago | 68% | 17% | 4% | 3% | 6%
2015 CDC BRFSS Wisconsin | 0% | 0% | 0% | 0% | 0%
2015 CDC BRFSS Nationwide | 0% | 0% | 0% | 0% | 0%
Blood Stool Test

“A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit?” (Age 50+)

<table>
<thead>
<tr>
<th>Year</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Winnebago</td>
<td>40%</td>
<td>60%</td>
</tr>
<tr>
<td>2011 BRFSS Winnebago</td>
<td>45%</td>
<td>55%</td>
</tr>
<tr>
<td>2007 BRFSS Winnebago</td>
<td>62%</td>
<td>38%</td>
</tr>
<tr>
<td>2003 BRFSS Winnebago</td>
<td>78%</td>
<td>22%</td>
</tr>
<tr>
<td>2015 CDC BRFSS Wisconsin</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>2015 CDC BRFSS Nationwide</td>
<td>0%</td>
<td>0%</td>
</tr>
</tbody>
</table>
“How long has it been since you had your last blood stool test using a home kit?” (Age 50+)

- Within past year (1-12 months ago)
- Within past 2 years (1-2 years ago)
- Within past 3 years (2-3 years ago)
- Within past 5 years (3-5 years ago)
- 5 or more years ago

*ADDITIONAL CATEGORIES WERE ADDED SINCE 2011 AND SOME WERE DROPPED.*
Colonoscopy and Sigmoidoscopy are exams in which a tube is inserted in the rectum to view the colon for signs of cancer or other health problems. Have you ever had either of these exams?” (Age 50+)

<table>
<thead>
<tr>
<th>Year</th>
<th>Winnebago BRFSS</th>
<th>Winnebago CDC BRFSS</th>
<th>Wisconsin CDC BRFSS</th>
<th>Nationwide CDC BRFSS</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015</td>
<td>Yes 83%</td>
<td>No 17%</td>
<td>No 0%</td>
<td>No 0%</td>
</tr>
<tr>
<td>2011</td>
<td>Yes 76%</td>
<td>No 24%</td>
<td>No 0%</td>
<td>No 0%</td>
</tr>
<tr>
<td>2007</td>
<td>Yes 73%</td>
<td>No 27%</td>
<td>No 0%</td>
<td>No 0%</td>
</tr>
<tr>
<td>2003</td>
<td>Yes 63%</td>
<td>No 37%</td>
<td>No 0%</td>
<td>No 0%</td>
</tr>
</tbody>
</table>
“How long has it been since your last sigmoidoscopy or colonoscopy?”

- Within the past year (less than 12 months ago)
- Within the past 2 years (1-2 years ago)
- Within the past 3 years (2-3 years ago)
- Within the past 5 years (3-5 years ago)
- Within the past 10 years (5-10 years ago)
- 10 or more years ago

<table>
<thead>
<tr>
<th>Year and Region</th>
<th>Percent Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Winnebago</td>
<td>21%</td>
</tr>
<tr>
<td>2015 CDC BRFSS Wisconsin</td>
<td>18%</td>
</tr>
<tr>
<td>2015 CDC BRFSS Nationwide</td>
<td>17%</td>
</tr>
<tr>
<td>2015 CDC BRFSS Nationwide</td>
<td>15%</td>
</tr>
<tr>
<td>2015 CDC BRFSS Nationwide</td>
<td>30%</td>
</tr>
</tbody>
</table>
Alcohol Screening

“Did a health care provider ask you in person or on a form how much you drink?”

<table>
<thead>
<tr>
<th>Percent Response</th>
<th>2015 BRFSS Winnebago</th>
<th>2015 CDC BRFSS Wisconsin</th>
<th>2015 CDC BRFSS Nationwide</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>67%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>No</td>
<td>25%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>DK/NS</td>
<td>8%</td>
<td>0%</td>
<td>0%</td>
</tr>
</tbody>
</table>
Alcohol Screening

“At your last routine checkup, were you advised to reduce or quit drinking?”

- Yes
- No

Percent Response

- 2015 BRFSS Winnebago: 8%
- 2015 CDC BRFSS Wisconsin: 0%
- 2015 CDC BRFSS Nationwide: 0%
Social Context

“How often in the past 12 months would you say you were worried or stressed about having enough money to pay your rent/mortgage? Would you say...”

100%
90%
80%
70%
60%
50%
40%
30%
20%
10%
0%

Percent Response

2015 BRFSS Winnebago
2015 CDC BRFSS Wisconsin
2015 CDC BRFSS Nationwide

Always
Usually
Sometimes
Rarely
Never
Not Applicable

9%
7%
14%
12%
54%
4%

0%
“How often in the past 12 months would you say you were worried or stressed about having enough money to buy nutritious meals? Would you say...”

- **Always**
- **Usually**
- **Sometimes**
- **Rarely**
- **Never**
- **Not Applicable**

**Percent Response**

- **2015 BRFSS Winnebago**
  - Always: 8%
  - Usually: 6%
  - Sometimes: 10%
  - Rarely: 12%
  - Never: 62%

- **2015 CDC BRFSS Wisconsin**
  - Always: 4%
  - Usually: 1%
  - Sometimes: 1%
  - Rarely: 1%
  - Never: 9%

- **2015 CDC BRFSS Nationwide**
  - Always: 0%
  - Usually: 0%
  - Sometimes: 0%
  - Rarely: 0%
  - Never: 0%
About how long has it been since you last had your blood pressure taken by a doctor, nurse, or other health professional?

- Within past year (1-12 months ago)
- Within past 2 years (1-2 years ago)
- Within past 5 years (2-5 years ago)
- 5 or more years ago

2015 BRFSS Winnebago:
- 91% within past year
- 5% within past 2 years
- 1% within past 5 years
- 3% 5 or more years ago

2011 BRFSS Winnebago:
- 86% within past year
- 6% within past 2 years
- 4% within past 5 years
- 3% 5 or more years ago

2015 CDC BRFSS Wisconsin:
- 0% within past year
- 0% within past 2 years
- 0% within past 5 years
- 0% 5 or more years ago

2015 CDC BRFSS Nationwide:
- 0% within past year
- 0% within past 2 years
- 0% within past 5 years
- 0% 5 or more years ago

*QUESTION NOT ASKED LOCALLY 2007 AND 2003.*
“Have you ever been told by a doctor, nurse or other health professional that you have high blood pressure?”

- 2015 BRFSS Winnebago: 29% Yes, 71% No
- 2011 BRFSS Winnebago: 31% Yes, 69% No
- 2007 BRFSS Winnebago: 26% Yes, 74% No
- 2003 BRFSS Winnebago: 20% Yes, 80% No
- 2015 CDC BRFSS Wisconsin: 0% Yes, 0% No
- 2015 CDC BRFSS Nationwide: 0% Yes, 0% No
Hypertension Awareness

“Are you taking any action to help control your blood pressure? (losing weight, increasing physical activity, reducing salt intake, or taking medication)”

- 2015 BRFSS Winnebago: 85% Yes, 15% No
- 2011 BRFSS Winnebago: 86% Yes, 14% No

*QUESTION NOT ASKED LOCALLY FOR 2007 AND 2003.
“Blood cholesterol is a fatty substance found in the blood. How long has it been since you last had your blood cholesterol checked?”

- Within the past year (1-12 months ago)
- Within the past 2 years (1-2 years ago)
- Within the past 5 years (2-5 years ago)
- 5 or more years ago
- Never

---

2015 BRFSS Winnebago: 68% (7% within past year, 4% within past 2 years, 12% within past 5 years, 4% 5 or more years ago, 3% never)

2011 BRFSS Winnebago: 63% (11% within past year, 5% within past 2 years, 12% within past 5 years, 4% 5 or more years ago, 3% never)

2007 BRFSS Winnebago: 45% (22% within past year, 7% within past 2 years, 7% within past 5 years, 4% 5 or more years ago, 12% never)

2003 BRFSS Winnebago: 51% (19% within past year, 4% within past 2 years, 7% within past 5 years, 7% 5 or more years ago, 18% never)

2015 CDC BRFSS Wisconsin: 0%

2015 CDC BRFSS Nationwide: 0%

* 2015 respondents showed a higher degree of not sure (6%) compared to other years.
"Have you ever been told by a doctor or other health professional that your blood cholesterol is high?"
“How often do you get the social and emotional support you need?”

- Always
- Usually
- Sometimes
- Rarely
- Never

<table>
<thead>
<tr>
<th>Year</th>
<th>Percent Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Winnebago</td>
<td>47% (29% Usually, 14% Sometimes, 3% Rarely, 5% Never)</td>
</tr>
<tr>
<td>2011 BRFSS Winnebago</td>
<td>52% (32% Usually, 9% Sometimes, 2% Rarely, 3% Never)</td>
</tr>
</tbody>
</table>

*No local comparison available for 2007, 2003.*
“On average, approximately how many hours a day do you spend in front of a TV, computer, smart phone, tablet, or video gaming system at home or for leisure?

- 1
- 2
- 3
- 4
- 5
- 6 or more

---

2015 BRFSS Winnebago:
- 16% (1 hour)
- 30% (2 hours)
- 14% (3 hours)
- 13% (4 hours)
- 13% (5 hours)
- 14% (6 or more hours)

2015 CDC BRFSS Wisconsin:
- 0%
- 0%
- 0%
- 0%
- 0%
- 0%

2015 CDC BRFSS Nationwide:
- 0%
- 0%
- 0%
- 0%
- 0%
- 0%
“During the past 30 days, on the days when you drank regular soda or pop that contains sugar, about how many drinks did you drink on average?”

- 1: 22%
- 2: 12%
- 3: 5%
- 4: 3%
- 5 or more: 8%
- None: 51%

2015 BRFSS Winnebago
2015 CDC BRFSS Wisconsin
2015 CDC BRFSS Nationwide
“During the past 30 days, on the days when you drank sugar-sweetened fruit drinks, sweet tea, and sports or energy drinks, about how many drinks did you drink on average?"
"During the past week, how many times did all, or most, of your family living in your household eat a meal together?"

- Never
- 1-2 times
- 3-4 times
- 5-6 times
- 7 times
- More than 7 times
- Live alone

2015 BRFSS Winnebago: 2% (Never), 12% (1-2 times), 15% (3-4 times), 12% (5-6 times), 5% (7 times), 33% (More than 7 times), 21% (Live alone)

2015 CDC BRFSS Wisconsin: 0%, 0%, 0%, 0%, 0%, 0%, 0%

2015 CDC BRFSS Nationwide: 0%, 0%, 0%, 0%, 0%, 0%, 0%
David G. Wegge, Executive Director
Craig Stencil, Director of Operations
Keri Pietsch, Research Assistant

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