Aurora Graduate Medical Education OB/GYN Resident Biographies

Shant Adamian, DO, PGY1

- Hometown: Los Angeles, CA
- Undergraduate training: University of California – Los Angeles
- Medical School: Des Moines University College of Osteopathic Medicine

Dr. Adamian grew up in North Hollywood California before attending UCLA where he received his degree in psychobiology and environmental studies. He then spent a small stint in Latin America researching eco-tourism, exploring the cloud forest, and traveling.

After returning to Los Angeles, he became a high school Reproductive Health Educator; his work in teen pregnancy prevention became a catalyst for his desire to become an OB/GYN and shaped his special interests in family planning, sex education, and reproductive health advocacy. After losing his mother to breast cancer, Dr. Adamian has become keen on incorporating preventive medicine into his life and medical practice.

In his free time, Dr. Adamian enjoys trying new cuisine, hopping into spin classes, attending outdoor festivals and international travel.

Brittany Howse, DO, PGY1

- Hometown: Deerfield, Illinois
- Undergraduate training: Cornell University
- Medical School: A.T. Still University of Health Sciences

Dr. Howse was born and raised in a northern suburb of Chicago less than an hour outside of Milwaukee. She moved to the east coast for school earning her BA in Biology at Cornell University and MS in Kinesiology at Penn State University. She followed her heart back to the Midwest where she met her husband, Alex, while participating in local CrossFit competitions.

She completed her D.O. degree in Missouri where she decided to pursue a residency in obstetrics and gynecology. Dr. Howse is excited about a career in women’s health and is passionate about teaching and patient care.

When she’s not at work, you can find Dr. Howse spending time with her husband and son. She enjoys being a mom, cooking, running, and spending time with friends.
Mykenzie Mattheis, DO, PGY1

- Hometown: Lodi, California
- Undergraduate training: University of California – Los Angeles
- Medical School: Rocky Vista University

Dr. Mattheis was born and raised in Lodi, an agricultural town in northern California. She completed her undergraduate degree in Human Biology and Society with an emphasis in Medicine and Public Health at UCLA. She worked as a middle school math teacher in the year before starting medical school at Rocky Vista University. She chose OB/GYN for the diversity of practice and because of her passion for working with women.

Her interests include yoga, running, skiing, and spending time with friends and family.

Dr. Mattheis is excited to explore all that Milwaukee has to offer.

Andrew Fluckiger, MD, PGY2

- Hometown: Torrington, WY
- Undergraduate: Brigham Young University
- Medical School: University of Washington

Dr. Fluckiger grew up in Torrington, Wyoming—a small town of 6,000. During college, he studied microbiology (bacteria are awesome!) and taught tap dance. He was a choreographer and performer for many different tap groups in Wyoming and Utah.

He went on to complete his MD at the University of Washington and is excited to be in Milwaukee taking care of women. Obstetrics and Gynecology combines his love of human physiology, teaching and surgery. He is excited to learn from his patients and be there for the important conversations in their lives.

In his free time, Dr. Fluckiger can be found running on Oak-Leaf trail, knitting or hanging out with his two kids and partner — and hopefully taking a tap dance class or two!
Molly Ostroot, DO, PGY2

- Hometown: Golden Valley, MN
- Undergraduate: Concordia College
- Medical School: A.T. Still University of Health Sciences

Dr. Ostroot is a Midwest native, having grown up in Golden Valley, MN, a suburb of Minneapolis. She was raised alongside two sisters to value family, friends, the great outdoors and winter sports. Because of her mother, who is a nurse practitioner, she was interested in medicine from a young age, but didn’t realize her calling was obstetrics and gynecology until later on in medical school.

Dr. Ostroot loves the field because it allows her to form strong relationships with patients, but at the same time is very hands-on. Additionally, with an interest in global health she hopes to help increase knowledge surrounding women’s health issues and improve access to care in her community, as well as around the world.

Dr. Ostroot is happy to be in the vibrant city of Milwaukee working with the excellent residents, faculty and staff at Aurora!

Yuri Zermeño, MD, PGY2

- Hometown: Chicago, Illinois
- Undergraduate: Northwestern University
- Medical School: University of Illinois

Dr. Zermeño has finally ventured out for residency and moved out of the state of Illinois for the first time. However, she did not get far and landed in Wisconsin. She's quite excited to be here and make the most of her time.

She grew up on the southeast side of Chicago in a neighborhood few other Chicagoans know exist. She loves the city of Chicago like no other. She adores her parents, older brother and significant other. Her favorite part of medicine is the human interaction and connection with patients.

Her inspiration to pursue obstetrics and gynecology is her grandmother, who birthed 13 kids at home on a farm in Mexico, sometimes alone, and always unmedicated. Because of her, Dr. Zermeño believes it is quite a privilege to be able to provide safe deliveries for her patients.
Morgan Altinok, MD, PGY3

- Hometown: Miller Place, New York
- Undergraduate: Johns Hopkins University
- Medical School: Kansas City University

Dr. Altinok grew up on the East Coast with three sisters and was a competitive gymnast for 10 years before heading off to college in Baltimore. She was involved with many environmental groups on campus and has an enthusiasm for recycling, composting and sustainability.

After graduating, she spent a year in Turkey working for a non-profit organization on the southeastern border with Syria, acting as a translator in refugee camps and helping in relief efforts. In medical school, Dr. Altinok developed a passion for women's health advocacy and is especially interested in family planning.

Her husband, Andy, is originally from Milwaukee, and he recently graduated from family medicine residency. They couldn't be happier to spend time in his hometown. Dr. Altinok enjoys rock climbing, telemark skiing, competing in triathlons and mountaineering, and she has climbed peaks over 19,000 feet. In the future, she plans on pursuing a career as a generalist while living in the mountains out West.

Kelly Fairchild, DO, PGY3

- Hometown: Indianapolis, IN
- Undergraduate: Marian University
- Medical School: Des Moines University College of Osteopathic Medicine

An Indianapolis, Indiana native, Dr. Fairchild was determined to be a physician from a young age. Passionate about global health issues, she hopes to one day put her undergraduate foreign language degree to use through work with humanitarian health organizations.

During medical school, she found herself drawn to the special complexities of women's health and decided to pursue a career in Obstetrics and Gynecology. Her special interests include sexual health, family planning and providing care to underserved communities.

In her free time, Dr. Fairchild enjoys traveling and photography.
Michelle Osgood Montgomery, DO. PGY3

- Hometown: Easton, Maine
- Undergraduate Training: Husson University, Bangor, Maine
- Medical School: Lincoln Memorial University--DeBusk College of Osteopathic Medicine

Dr. Michelle Montgomery is a native of rural northern Maine. She grew up in a farming community where students were dismissed from school for three weeks in the fall to help with the potato harvest. Although she always dreamed of being a school teacher like her mom, Dr. Montgomery's love for medicine began after attending a health career exploration camp hosted by her local hospital. Following this experience, she set her sights on medical school.

Dr. Montgomery worked as a CNA at a nursing home while in college and spent the following two years working as an Emergency Department Technician; both experiences helped to shape her into the caregiver she is today.

The field of obstetrics and gynecology provides a venue for her to advocate for women and to promote women's health care throughout all of life's stages.

In her free time, Dr. Montgomery and her husband, Reed, look forward to exploring the great state of Wisconsin and to teaching everyone how to make the best baked "Maine" potato.

Naomi Light, MD, PGY4

- Hometown: Cut Bank, Montana
- Undergraduate: Minnesota State University – Moorhead
- Medical School: University of North Dakota

Dr. Light grew up in rural Montana by Glacier National Park and the Blackfeet Indian Reservation. She attended undergrad at Minnesota State University – Moorhead, which led to her path in medicine at the University of North Dakota in Grand Forks.

While in her clinicals in third year, she fell in love with the exciting deliveries, meticulous nature of the operating room and advocating for women's health, both at work and as a personal interest. She also has a passion for working with the underserved populations and was drawn to the variety of patients to whom Aurora provides high-quality health care.

Her husband Andy, originally from Wisconsin, was happy to move to Milwaukee with their black lab/German Shepard, Bane, and Bernese Mountain dog, Brinkley. Dr. Light has enjoyed living in downtown Milwaukee where there is always something fun to do, friendly people and Lake Michigan just a mile away. She enjoys taking in the many restaurants, shows, festivals and concerts in Milwaukee.
Patricia Rivera, MD, PGY4

- Hometown: Chicago, Illinois
- Undergraduate: Loyola University Chicago
- Medical School: University of Illinois – Rockford

Dr. Rivera was born and raised on the south side of Chicago where she had the opportunity to witness first-hand the barriers to care between the medically under-served and health care providers. Given their shared background, she has a special interest in working with this population.

She chose to pursue a career in OB/GYN because of the specialty’s broad scope of practice, but focused patient group.

Her interests include spending time with her family, traveling, going to the movie theater, Latin dancing and hula-hooping.

Stephanie Veit, MD, PGY4

- Hometown: St. Louis, Missouri
- Undergraduate: University of Notre Dame
- Medical School: The Commonwealth Medical College

Dr. Veit was born and raised in St. Louis and is a Midwest girl to the core. She earned a BS in biological sciences at the University of Notre Dame and her MD degree at The Commonwealth Medical College located in Scranton, PA (home of The Office).

Although knowing from a young age she wanted to be a physician, Dr. Veit didn’t fall in love with the field of OB/GYN until her third year of medical school. She really enjoys building relationships with her patients and being there for them during their stressful moments.

In her free time, she enjoys reading as many books as she can get her hands on and baking in order to satisfy her enormous sweet tooth. She also enjoys doing new things and spending time with her family and friends.