Guidance for AAH Sick Healthcare Workers

NOTE: You must report any new COVID-19 related symptoms immediately. Consult your primary doctor for evaluation and contact Employee Health via the Team Member COVID-19 Exposure Evaluation Tool for further guidance before returning to work. This flow chart will help you understand proper medical evaluation for new onset symptoms.

Do you have ANY of the following ACUTE symptoms: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, headache, sore throat, muscle/body aches, diarrhea, nausea or vomiting, new loss of smell or taste, congestion, runny nose, headache?

YES – Contact Employee Health via the Team Member COVID-19 Exposure Evaluation Tool / PCP

Are any of the symptoms below severe? Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

YES

It is recommended you visit your closest Emergency Department

NO
Your Employee Health Department will work with you to provide COVID-19 testing if appropriate and help guide your return to work.

IF TESTED POSITIVE (COVID-19)/or under investigation for COVID (PUI)

Team Member should stay on home isolation precautions UNTIL all of the following are met:
- At least 3 days (72 hours) have passed since fever resolution without use of fever reducing medication AND
- Significant improvement in respiratory symptoms AND
- Improvement of other symptoms AND
- AT LEAST 10 days have passed since symptoms first appeared

When cleared by Employee Health, the team member must:
- Consistently adhere to wearing appropriate PPE in your required work setting, which minimally for all team members consists of universal masking.
- Self-monitor for symptoms, and seek re-evaluation from Employee Health if symptoms recur or worsen

IF TESTED NEGATIVE (COVID-19)

Exclude from work UNTIL:
- Resolution of fever without the use of fever-reducing medications for at least 24 hrs. AND
- Improvement of all symptoms
- Contact your EH department before return to work

Created by Emergency Response Clinical Committee | Created 03.26.20 | Revised 08.04.20 | Approved by Christie Peterson