Getting you back to what’s next, with those who matter most.

Aurora Rehabilitation Services
Inpatient Rehabilitation Program
at Aurora Sinai Medical Center
Why choose Aurora Sinai’s Inpatient Rehabilitation Program?

The Inpatient Rehabilitation Program at Aurora Sinai Medical Center provides advanced rehab care through a caring and dedicated team of medical and rehabilitative professionals who puts the patient first.

A patient’s program includes every service needed to reach his or her specific goals. In addition to rehab physicians and nurses, the patient’s team may include physical, occupational, speech and recreational therapies, rehab psychology, and social work.

While other rehab programs may attempt to equal our level of expertise, few match our results in helping patients with life-changing injuries or conditions.

The Aurora difference ...

- We are part of the largest and most experienced not-for-profit provider in the nation.
- Our 20-bed unit is located directly across from the Aurora Rehabilitation Center, which includes Easy Street®. This special place includes a real-world car, store, bus, bank and barber shop. Patients practice life skills in the safety and privacy of the hospital.
- In addition to traditional therapies, we offer healing places, services and activities. These include chaplain services, aromatherapy, art therapy and pet therapy.
- We have team members that specialize in the care of people with Parkinson disease, stroke, cancer, limb amputation, vision problems and incontinence.
- We have advanced rehab technology, such as Bioness NESS L300®, LiteGait®, Nintendo Wii®, VitalStim®, Interactive Metronome®, Balance Master® and one of the most advanced electronic health records in the area.
- We maintain accreditation from The Joint Commission and the Commission on Accreditation of Rehabilitation Facilities. In addition, our stroke specialty program is CARF accredited.
- Our rehabilitation doctors are board certified by the American Board of Physical Medical and Rehabilitation.
- Our nursing team includes certified rehabilitation registered nurses (CRRNs) and a clinical nurse specialist with expertise in geriatrics.
- We subscribe to Press Ganey and Uniform Data Systems (UDS) to measure our performance against other rehab facilities and set goals to maintain top performance.

Restoring independence

The goal of inpatient rehab is to help restore your activities of daily living – mobility, strength, balance, swallowing, speech, memory, thinking, coping, etc. – so that you can remain active and independent. A typical treatment regimen includes a minimum of three hours of therapy at least five days per week.

We measure improvement using a tool called the Functional Independence Measure. This tells us how much help you need with things such as eating, grooming, bathing, dressing, using a toilet, walking, using a wheelchair, getting in and out of chairs, using stairs, talking and thinking skills. On admission, you’ll probably need a lot of help to complete a task. At the time of discharge, nearly 100 percent of our patients show improvement on the Functional Independence Measure.
Better care, better results

Our comprehensive approach to your care helps you achieve better outcomes than many other programs. Here are some quick facts about our program:

- **180** Number of patients served (2016)

- **66 years** Average age

- **13 days** Average length of stay

- **81%** Discharged to community

- **98%** Overall satisfaction with care*

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A team approach

One of the benefits of inpatient rehab is an interdisciplinary team approach to treatment. Our team works closely with referring physicians to keep them informed every step of the way. We offer patients broad clinical expertise. Team members are individually assigned to meet each patient’s needs and may include:

- Rehab physician
- Rehab nurse
- Physical therapist
- Occupational therapist
- Speech therapist
- Recreational therapist
- Social worker
- Rehab psychologist
- Care coordinator
- Any other specialist needed to provide medical care

The patient and family are central members of the team. We work with family and friends to assist the patient at home. Many staff members have additional specialized education to care for patients with neurological and other disorders that require an inpatient rehab program. Our nurses have advanced education in rehab nursing techniques. Before being discharged, our staff will coordinate resources needed to continue recovery, such as outpatient or home services.

Scope of services

The professionals of Aurora Sinai’s Inpatient Rehabilitation Program work with patients with the following diagnoses:

- Amputation
- Brain injury
- Multiple Sclerosis
- Neurological conditions
- Orthopedic conditions
- Parkinson Disease
- Spinal cord injury
- Stroke

Other conditions that result in functional decline

Referral to our program

To be considered for inpatient rehab, we need a referral from your doctor. Once a referral is made, our admissions team starts a screening process to be sure that inpatient rehab best meets your needs.

If you do not meet criteria for an inpatient rehab admission, you’ll be given other recommendations for care that is most appropriate for you.

* Based on returned surveys, patients who rate us “good” to “very good.”
Free valet parking is available.

For more information about our program or patient referral, please call 414-219-5254.

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Want to see our video?
Go to https://www.youtube.com/watch?v=2BcxtdEKz3g