Setting Up Your Nursery
Some Helpful Tips

The following is a list of items that you may find helpful for caring for your new baby. Those marked with an asterisk (*) are considered necessary items.

**Baby clothes**
* 4 to 6 undershirts/onesies
* 4 to 6 sleepers/sleep sacks
* 3 to 4 receiving blankets
* Hat
* Outerwear
  - 3 to 4 baby outfits
  - 4 to 6 bibs
  - Burp cloths
  - 1 to 2 sweaters
  - Socks and booties

**Bath**
* Gentle soap (non-deodorant, unscented)
  - Cotton balls
  - 3 to 4 towels
  - 3 to 4 washcloths
  - Baby shampoo
  - Brush/comb
  - Baby scissors/nail clippers/emiery board
  - Baby bath tub
  - Sponge bath pillow

**Bedding**
* 3 to 4 crib sheets
* 2 crib blankets
  - 2 to 3 flannel-backed waterproof pads

**Furniture**
* Crib with flannel-backed waterproof mattress
  - Changing table
  - High chair
  - Dresser
  - Rocking chair

**Every day**
* Car safety seat
* Stroller
* Diaper bag/waterproof bag
* Infant seat (not for use in car)
* Swing
* Front pack/back pack
* Music box
* Crib mobile
* Baby monitor
* Night light
* Play yard

**Diapering (consider cost when selecting diapering style)**
* Diaper service: 80 to 100 per week
* Cloth diapers: 3 to 4 dozen
* Plastic pants/wraps: 4 to 5
* Diaper pail
* Disposable diapers: 15 per day
* Diaper wipes
* Petroleum jelly
* Cream or ointment
* Pocket diapers
* Fitted or contour diapers

**Supplies for when your baby is ill**
* Phone number of baby’s care provider and emergency phone numbers
* Poison Control phone number
* Bulb syringe/nasal aspirator (may get in hospital)
* Digital thermometer (check with baby’s health care provider, may get in hospital)
* Baby acetaminophen/Tylenol (or ibuprofen/Motrin; check with baby’s health care provider)
* Cool mist vaporizer

If you are buying used baby furniture or have any questions about the safety of the items you are buying, please call the Consumers Product Safety Commission at 800-638-2772, TTY 301-595-7054, or visit cpsc.gov. Another resource for information is the Safe Kids Coalition at 202-662-0600 (in Milwaukee: 414-390-7178).

The information presented is intended for general information and educational purposes. It is not intended to replace the advice of your health care provider. Contact your health care provider if you believe you have a health problem.

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