Overview

- Objectives
  - Gather data on behavioral and lifestyle habits of the adult population and household-level data.
  - Gather data on random children in household through adult who makes health care decisions for child(ren).
  - Gather data on the prevalence of risk factors and disease conditions of the adult population.
  - Compare health data of residents to previous health studies.
  - Compare health data to national and state measurements (Behavior Risk Factor Survey) along with Healthy People 2030 (HP2030) goals.
Methodology

- 18-minute telephone survey of area residents
- 400 completions from August 19 through October 19, 2023
- Two-fold sampling
  - 1) RDD landline sample of listed & unlisted #s (n=180)
    - Respondents randomly selected based on next-birthday method
    - Weighting based on number of adults and number of residential phone numbers in HH
  - 2) Cell phone only sample (n=220)
    - Adult answering the phone designated as the respondent
- All data post-stratified by age group and sex of 2021 characteristics of the American Community Survey.
- Margin of error: ±5%
Demographics
## Respondent Demographics

<table>
<thead>
<tr>
<th></th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Gender</strong></td>
<td></td>
</tr>
<tr>
<td>Male</td>
<td>49%</td>
</tr>
<tr>
<td>Female</td>
<td>51%</td>
</tr>
<tr>
<td>All Other Responses*</td>
<td>&lt;1%</td>
</tr>
<tr>
<td><strong>Household Income</strong></td>
<td></td>
</tr>
<tr>
<td>Bottom 40 Percent Bracket</td>
<td>17%</td>
</tr>
<tr>
<td>Middle 20 Percent Bracket</td>
<td>10%</td>
</tr>
<tr>
<td>Top 40 Percent Bracket</td>
<td>57%</td>
</tr>
<tr>
<td>Not Sure/No Answer</td>
<td>16%</td>
</tr>
</tbody>
</table>

*All Other Responses include the categories of transgender male, transgender female, nonbinary, prefer not to answer, not sure and other gender identity you most identify with. Gender crosstabulations do not include this group as it is too small for statistical reliability.
Respondent Demographics (cont.)

<table>
<thead>
<tr>
<th>Age</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>18 to 34</td>
<td>23%</td>
</tr>
<tr>
<td>35 to 44</td>
<td>16%</td>
</tr>
<tr>
<td>45 to 54</td>
<td>17%</td>
</tr>
<tr>
<td>55 to 64</td>
<td>20%</td>
</tr>
<tr>
<td>65 and Older</td>
<td>24%</td>
</tr>
</tbody>
</table>
Respondent Demographics (cont.)

<table>
<thead>
<tr>
<th></th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Education</strong></td>
<td></td>
</tr>
<tr>
<td>High school or less</td>
<td>14%</td>
</tr>
<tr>
<td>Some post high school</td>
<td>27%</td>
</tr>
<tr>
<td>College graduate</td>
<td>59%</td>
</tr>
<tr>
<td><strong>Race/Ethnicity</strong></td>
<td></td>
</tr>
<tr>
<td>Respondent of Color</td>
<td>15%</td>
</tr>
<tr>
<td>White</td>
<td>85%</td>
</tr>
<tr>
<td><strong>Marital Status</strong></td>
<td></td>
</tr>
<tr>
<td>Married</td>
<td>61%</td>
</tr>
</tbody>
</table>
Health Care Coverage
Health Care Coverage

- Personally Not Covered Currently (18+)
  - WI 2022: 5%
  - US 2022: 7%

- Personally Not Covered Currently (18 to 64 Years Old)
  - WI 2022: 7%
  - US 2022: 9%
  - HP2030 Goal: 8%
Unmet Health Care in Past Year

- Household Member Not Taken Prescribed Medication Due to Cost
  - US 2019: 7%
  - HP2030 Goal: 6%
- Unmet Medical Care in Household
  - WI 2022: 8%
  - US 2022: 10%
  - HP2030 Goal: 6%
- Unmet Dental Care in Household
  - US 2019: 20%
  - HP2030 Goal: 19%

*Since 2020, the question was asked of any household member. In previous years, the question was asked of the respondent only.

**In 2020, the question was asked of any household member. In all other study years, the question was asked of respondents only.
Economic Hardships
Economic Hardships

- Household Went Hungry Because They Didn't Have Enough Food (Past Year)
- Strongly Disagree/Disagree Household Able to Meet Needs with Money and Resources (Past Month)
- Looked for Community Resources Support (Past 3 Years)
- Felt Somewhat/Slightly/Not At All Supported (Of Respondents Who Looked for Community Support)
- Issue with Current Housing Situation

Waukesha County Community Health Survey 12
Health Information and Services
Health Services

- Have Primary Care Physician
  - WI 2022: 76%
  - US 2022: 84%
  - HP2030 Goal: 84%

Waukesha County Community Health Survey
General Health
Rating Their Own Health

- **Excellent or Very Good Health**
  - WI 2022: 52%
  - US 2022: 50%

- **Fair or Poor Health**
  - WI 2022: 16%
  - US 2022: 17%
Treated For or Told Have Select Health Conditions in Past 3 Years (2023)

- High Blood Pressure: 29%
- High Blood Cholesterol: 24%
- Mental Health Condition: 19%
- Heart Disease/Condition: 12%
- Diabetes: 11%
- Asthma (Current): 9%
Treated For or Told Have Select Health Conditions in Past 3 Years

- Asthma (Current)
  - WI 2022: 11%
  - US 2022: 10%

Waukesha County Community Health Survey
## Regularly Seeing Doctor/Nurse/Other Health Care Provider (2023)

<table>
<thead>
<tr>
<th>Condition</th>
<th>2023</th>
</tr>
</thead>
<tbody>
<tr>
<td>High Blood Pressure</td>
<td>84%</td>
</tr>
<tr>
<td>High Blood Cholesterol</td>
<td>84%</td>
</tr>
<tr>
<td>Mental Health Condition</td>
<td>72%</td>
</tr>
<tr>
<td>Heart Disease/Condition</td>
<td>98%</td>
</tr>
<tr>
<td>Diabetes</td>
<td>98%</td>
</tr>
<tr>
<td>Asthma (Current)</td>
<td>78%</td>
</tr>
</tbody>
</table>
Body Weight
Body Weight

- At Least Overweight (BMI 25.0+)
  - WI 2022: 71%
  - US 2022: 68%

- Obese (BMI 30.0+)
  - WI 2022: 33%
  - US 2022: 34%
  - HP2030 Goal: 36%
Safety
Personal Safety Issues in Past Year

Someone Made You Afraid for Your Personal Safety
Someone Pushed, Kicked, Slapped or Hit You
At Least 1 of the 2 Issues

2012: 4% 1%
2015: 4% 3%
2017: 5% 4%
2020: 7% 6%
2023: 6% 4%

0% 20% 40% 60%
2012 2015 2017 2020 2023
Tobacco Product Use
Current Cigarette Smokers or Current Electronic Vapers

- **Current Smokers**
  - WI 2022: 14%
  - US 2022: 14%
  - HP2030 Goal: 6%

- **Current Vapers**
  - WI 2022: 7%
  - US 2022: 8%
Smoking or Vaping Cessation in Past Year
(Current Tobacco Smokers or Electronic Vapor Product Users)*

*Since 2020, tobacco cessation and health professional advised quitting included current smokers and current vapers. In previous years, both questions were asked of current smokers only.
Exposure to Cigarette Smoke or Electronic Vapor

- Smoking Not Allowed in Home
  - US 2018-2019: 90%
  - HP2030 Goal: 93%

*Since 2020, the question included nonvapers being exposed to vapors. In previous years, the question was asked of nonsmokers only.
Other Tobacco Products in Past Month

- Smokeless Tobacco
  - WI 2022: 3%
  - US 2022: 3%

![Graph showing percentage of Cigars, Cigarillos or Little Cigars and Smokeless Tobacco from 2015 to 2023. The graph shows a slight increase in Smokeless Tobacco from 2015 to 2023.](image-url)
Delta-8 Use
### Delta-8 (Marijuana-lite, Diet Weed, Dabs) Use in Past Month (2023)

<table>
<thead>
<tr>
<th></th>
<th>2023</th>
</tr>
</thead>
<tbody>
<tr>
<td>Delta-8</td>
<td>4%</td>
</tr>
</tbody>
</table>
Alcohol Use
Alcohol Use in Past Month

- Binge Drinker (Female 4+ Drinks; Male 5+ Drinks on an Occasion)
  - WI 2022: 20%
  - US 2022: 17%
  - HP2030 Goal (5+ Drinks): 25%

*Binge drinking is defined as “4 or more drinks on an occasion” for females and “5 or more drinks on an occasion” for males.
Household Problems in Past Year

- Alcohol
- Marijuana or THC-Containing Products Including Delta-9
- Cocaine, Heroin or Other Street Drugs
- Misuse of Prescription Drugs or Over-the-Counter Drugs

Waukesha County Community Health Survey
Mental Health Status
Mental Health Status

- Felt Sad, Blue, Depressed Always/Nearly Always (Past Month)
- Felt Lonely or Isolated Always/Nearly Always
- Considered Suicide (Past Year)
- Find Meaning & Purpose in Daily Life Seldom/Never

Waukesha County Community Health Survey
The respondent was asked if they make health care decisions for children living in the household. If yes, they were asked a series of questions about the health and behavior of the child/children.
Child’s Primary Health Care Provider
[Child 17 or Younger]

Waukesha County Community Health Survey 39
Child’s Unmet Care in Past Year
[Child 17 or Younger]

Unmet Dental Care
Unmet Medical Care

2012 2015 2017 2020 2023

3%  6%  2%  7%  3%

Waukesha County Community Health Survey 40
Child Experienced at Least One Health Issue [Child 17 or Younger]

Waukesha County Community Health Survey
Child is Seldom/Never Safe in Community/Neighborhood [5 to 17 Years Old]

Waukesha County Community Health Survey
Child’s Emotional Well-Being
[Child 5 to 17 Years Old]*

*Since 2020, the question was asked for children 5 to 17 years old. In previous years, the question was asked for children 8 to 17 years old.
Child Experienced Bullying in Past Year [5 to 17 Years Old]*

*Since 2020, the question was asked for children 5 to 17 years old. In previous years, the question was asked for children 8 to 17 years old.
Top County Social or Economic Issues
## Top County Social or Economic Issues
### Up to Two Accepted (2023)

<table>
<thead>
<tr>
<th>Issue</th>
<th>2023</th>
</tr>
</thead>
<tbody>
<tr>
<td>Economic Stability and Employment</td>
<td>17%</td>
</tr>
<tr>
<td>Community Violence and Crime</td>
<td>15%</td>
</tr>
<tr>
<td>Safe and Affordable Housing</td>
<td>14%</td>
</tr>
<tr>
<td>Education Access and Quality</td>
<td>10%</td>
</tr>
<tr>
<td>Accessible and Affordable Health Care</td>
<td>9%</td>
</tr>
<tr>
<td>Food Insecurity</td>
<td>9%</td>
</tr>
<tr>
<td>Racism and Discrimination</td>
<td>8%</td>
</tr>
<tr>
<td>Social Connectedness and Belonging</td>
<td>6%</td>
</tr>
<tr>
<td>Politics/Government</td>
<td>4%</td>
</tr>
</tbody>
</table>
Top County Health or Behavioral Issues
## Top County Health or Behavioral Issues
### Up to Two Accepted (2023)

<table>
<thead>
<tr>
<th>Health or Behavioral Issue</th>
<th>2023</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alcohol Abuse and Drug/Substance Use</td>
<td>38%</td>
</tr>
<tr>
<td>Mental Health, Mental Conditions and Suicide</td>
<td>35%</td>
</tr>
<tr>
<td>Nutrition, Physical Activity and Obesity</td>
<td>17%</td>
</tr>
<tr>
<td>Access to Affordable Health Care</td>
<td>8%</td>
</tr>
<tr>
<td>Chronic Diseases</td>
<td>8%</td>
</tr>
<tr>
<td>Tobacco and Vaping Products</td>
<td>4%</td>
</tr>
</tbody>
</table>
Select Key Findings of Need

- 15% Fair or Poor Health
- 29% High Blood Pressure in Past 3 Years
- 24% High Blood Cholesterol in Past 3 Years
- 19% Mental Health Condition in Past 3 Years
  - 72% With Mental Health Condition Regularly Saw HCP
- 14% Looked for Community Resource Support in Past 3 Years
  - 54% Who Looked for Resources Felt Somewhat/Slightly/Not at All Supported
- 67% Overweight
- 31% Binged in Past Month (4+ drinks females; 5+ drinks males)
- Top County Social or Economic Issues (Up to 2 Accepted): 17% Economic Stability and Employment, 15% Community Violence and Crime
- Top County Health or Behavioral Issues (Up to 2 Accepted): 38% Alcohol Abuse and Drug Substance Use, 35% Mental Health, Mental Conditions and Suicide
Next Steps