Aurora Graduate Medical Education Resident Biographies

Family Medicine Residency ● Third Year Residents

Michael Ainbinder, MD (mike-el An-bind-er)

- Hometown: Chicago, IL
- Undergraduate Degree: Biology
- Medical School: Technion Israel Institute of Technology – Technion American Medical School

Family Medicine was the specialty I thought of pursuing even before medical school. I first became inspired by the wealth of knowledge and dedication of my own doctor who was a family practitioner and became someone who I wanted to emulate. From then on, I began to appreciate how family medicine is the purest form of primary care, in which one gets the opportunity to see all patients, regardless of age or gender. The most enjoyable aspect of family medicine is the process of forming long lasting bonds and relationships with patients and their families as you help guide them to a life of better health and understanding of their conditions.

Being from Chicago and wanting to stay in the Midwest, the Aurora Family Medicine Residency Program became a clear choice for me and my family, especially when I saw the commitment the program has to resident wellness and able to provide a well-rounded experience through their diverse patient population. I look forward to joining the Milwaukee community with my wife and our two wonderful children and calling it our home for many years to come. In my free time, besides spending time with my family, I enjoy playing the ukulele and enjoying the outdoors. After residency, I look forward to becoming a community doctor who practices full-spectrum outpatient medicine with a focus on the immigrant and underserved populations, and perhaps be able to inspire another individual to pursue medicine just like my family doctor did for me years ago.

Breana Chandra, MD, MA (Bre-an-na Chan-drah)

- Hometown: Loma Linda, CA
- Undergraduate Degree: La Sierra University,
- Medical School: Loma Linda University

Growing up, my family’s physician showed me how physicians are involved in the sacred journey of a patient’s health. While watching my mom pass away during medical school was difficult, I felt blessed and touched by all of the healthcare professionals who interacted with our family. And after exploring multiple medical specialties during medical school, I learned that Family Medicine’s holistic healthcare approach embodied what I wish to practice. I am specifically interested in integrative medicine, behavioral/mental health, bioethics, and palliative medicine.

I learned about Aurora from a former Family Medicine resident there. During my interview, I loved how every interaction I had with Aurora’s staff was kind, appreciated Aurora’s patient-focused, well-rounded curriculum, and felt warmed by their supportive learning environment. In addition, Milwaukee is a fun city with a variety of opportunities to explore nature and the city. I am excited to join the Milwaukee family and explore Wisconsin. During my free time, I also enjoy rock-climbing, hiking, singing, writing, playing Beat Saber, and eating good food with loved ones. After residency, I hope to enter a Palliative Medicine fellowship and practice both Palliative Medicine and see clinic patients as their primary care provider.
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**Dragos Ghinea, MD (Drag-O-shh Gin-e-ah)**

- Hometown: Bucharest, Romania
- Undergraduate Degree: Arizona State University and Maricopa Community Colleges Phoenix, AZ
- Medical School: Loma Linda University School of Medicine

Family medicine is the area of medicine that fits me best. I love meeting people, getting to know them, and developing long term relationships. I want to team up with my patients and partnering with them for long-term goals - even those that require determination and patience - does not scare me. Also, having lived on three different continents, I've learned to be open minded and adaptable, traits I hope to bring to the practice of medicine. Lastly, prevention is better than healing, and with the long-term well-being of patients in mind, I see the family practice as an important place to start those measures that can truly benefit patients in the long run.

I chose the Aurora program in Milwaukee because the culture it provides fosters the same values that I connect with; it is a program of support, honesty, wellness, and appropriate growth for all those involved. I want to be a part of continuing this culture in our class, because I believe that we will all become better physicians because of it.

My professional plans focus primarily on outpatient family medicine practice, but I also like to keep an open mind to other opportunities, such as inpatient medicine. In the future, I plan on providing preventive medicine, integrative and addiction medicine services.

**Drew Gunderson, MD (Dru Gun-der-son)**

- Hometown: Muskego, WI
- Undergraduate Degree: University of Wisconsin – Madison, Biology
- Medical School: Chicago Medical School at Rosalind Franklin University

I first became interested in Family Medicine during my time in undergrad where I volunteered at a Federally Qualified Health Center which provided essential care to an underserved population in the Madison area. It was there that I was able to see firsthand the positive impact that excellent primary care can have on improving a patient’s health, as well as the strong doctor patient bonds created in the outpatient setting. In medical school, I enjoyed learning from many different specialties, which brought me back to the broad spectrum of training that Family Medicine physicians receive. I have particular interests in lifestyle medicine, community medicine and behavioral health.

As a Wisconsin native, I value the opportunity to complete my Family Medicine residency at Aurora and serve the diverse community that the Milwaukee area offers. I’m also excited about the program’s strong, balanced curriculum to support the broad scope of training that is necessary to become a great Family Medicine physician. In my free time, I enjoy watching and attending any and all Wisconsin sports, trying out new restaurants, playing tennis, and spending time with friends and family. After residency, I hope to work in an outpatient clinic that has a focus on behavioral health and lifestyle medicine.
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Rayan Hamade, MD (R-ay-uh-n Ha-ma-dee)

- Hometown: Beirut, Lebanon
- Undergraduate Degree: American University of Beirut, Biology/Psychology Minor
- Medical School: LAU Gilbert and Rose-Marie Chagoury School of Medicine

Completing four years of family medicine training in Lebanon, I believe more than ever in “treating the person.” This concept requires seeing the greater picture, a characteristic trait of Family Medicine that made me fall in love with this specialty. I looked for a program that provides a comprehensive training experience, a diverse patient population, a nice living area, and a favorable life-work balance. After interviewing at Aurora, it became clear that this is the perfect program for me. The program features kind and caring faculty and staff, emphasizes resident’s wellbeing, and contains an integrative medicine track -- a great addition to the training. Additionally, Milwaukee is a lovely city that has low traffic and beautiful scenery. The lobster rolls in the public market are also amazing!

Some fun facts about me: I have read the Harry Potter books at least three times, I love to spend time with my wise and funny grandmother, and I like to practice the art of mindful eating of good food, especially from the Mediterranean cuisine.

After residency, I plan to pursue a fellowship in “Hospice and Palliative Medicine” and hopefully adopt a holistic approach to the care of special populations.

Samia Khan, DO (Sam-ee-ah K-an)

(Senior Chief)

- Hometown: Chicago, IL
- Undergraduate Degree: Loyola University Chicago, Biochemistry
- Medical School: NYIT College of Osteopathic Medicine at A-State

My interest in Family Medicine began after I spent a summer volunteering at a free clinic in the city of Chicago. It was a rewarding experience to be involved in the care of patients who did not have any health insurance. Likewise, during medical school my Family Medicine clerkship was most impactful because of the unique opportunity to build long term relationships with patients. I also enjoyed seeing patients from all age groups and appreciated diverse pathologies in the outpatient setting. Within family medicine, my interests encompass women’s health, preventative medicine, and integrative medicine.

I chose Aurora St. Luke’s Family Medicine program because of its robust training and emphasis on serving the community. As a Bangladeshi-American, I am also passionate about access to healthcare for immigrant families. Aurora St. Luke’s commitment to caring for immigrant and refugee population is one of the reasons I knew this was the right place for me.

I grew up in Chicago and my husband is a graduate student in Madison, so Milwaukee is a good middle spot for me! I love the city vibe and I’m happy that I still get to live by Lake Michigan. In my spare time, I enjoy spending time with my family; exploring local coffee shops and parks, reading books; and trying out DIY arts and crafts. After residency, I plan to practice medicine in an underserved community and provide care to a diverse patient population.
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Jonathan Melms, DO  (Jon-a-than Mel-mz)

- Hometown: Wauwatosa, WI
- Undergraduate Degree: Macalester College, Neuroscience Studies
- Medical School: Lincoln Memorial University – DeBusk College of Osteopathic Medicine

I knew family medicine was the right specialty for me going into medical school because it offered the opportunity to receive training for all ages while helping prevent health complications, care for physical and mental health, and utilize OMT. Aurora offers everything I was looking for in a residency with the broad outpatient/inpatient training, OMT, community health, and integrative medicine. During my interviews I felt Aurora did the best job at creating a family atmosphere which confirmed my desire to train here. I was also drawn to Milwaukee to be around for family having grown up in the area and wanting to serve the Milwaukee community. I’ve been cheering for the Brewers, Bucks, and Packers since I came out of the womb, but I also like things other than sports like poetry. After residency I plan to work in a community health center.

Danielle Olsen, MD  (Dan-ee-el Ol-sin)

- Hometown: Glen Ellyn, IL
- Undergraduate Degree: Marquette University, Biomedical Sciences
- Medical School: Medical College of Wisconsin

I am very excited to start my residency in Family Medicine. I chose to become a Family Medicine physician because I am interested in providing care to people throughout all walks of life. I am especially excited to be training at Advocate Aurora, in Milwaukee. I have lived on and off in Milwaukee for the last ten years, and I am so excited for the change to serve the community I have come to call my home.

Outside of the clinic you can find me hiking, camping, and walking my dog along the lakefront. I look forward to continuing my training as a Family Medicine doctor and exploring the ways I can better serve my patients and their families. I am particularly interested in women’s health and sport’s medicine. I am excited to continue my training and learning how to become a more holistic healer, in and with the Milwaukee community.
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Ashley Quick Bear, MD (Ash-lee Qu-ick B-air) (Senior Chief)

- Hometown: Colorado Springs, CO
- Undergraduate Degree: Colorado State University, Biology
- Medical School: University of Colorado School of Medicine

I knew Family Medicine was the perfect fit for me when I realized that I wanted my practice to include patients of all age ranges, management of multiple health conditions, and the chance to build long-term relationships with my patients and their families. I had loved my geriatric patients when I worked as a CNA in college and felt the same joy when helping deliver babies in medical school. I also am passionate about obesity prevention and worked on a community-based project called Ending Teen Obesity while in medical school. I am extremely excited to be working at Aurora Health Care as their faculty and residents clearly support and take care of one another. The diversity of the patient population and the significant chance to work with the underserved were also huge draws. Growing up in Colorado has made me a bit of a beer snob and I cannot wait to explore all the new breweries and biergartens in Milwaukee with my rescue dog, Finnegan. When not working, I like running, sewing, and watching far too many reality dating shows. After residency I would like to pursue full-spectrum outpatient practice.

Jayni Sanghavi, MD (Jay-nee Sang-hav-ee)

- Hometown: Green Bay, WI
- Undergraduate Degree: Saint Louis University, Biology
- Medical School: Medical College of Wisconsin

My interest in Family Medicine stems from the community medicine and social justice aspects of the specialty. Through medical school, I participated in the Urban and Community Health Pathway. From this experience, I developed a stronger interest in health and wellness in the context of the socioecological framework. As I rotated through third-year clerkships, I found that I gravitate toward a holistic approach to patient care and thrive off longitudinal relationships. Aurora St. Luke’s was an easy choice for me given its formulated curriculum around community medicine and advocacy. In addition to this, I was thoroughly impressed by the value and dedication that the program places on resident wellness. A fun fact about me is that I enjoy dancing and reflective writing. Most of all, I enjoy staying in touch with family and friends. As for the future, I see myself practicing in an outpatient setting at an academic institution with a focus on medical education, community medicine, and patient and student advocacy.