Initial Trauma Care

EMERGENCY MEDICAL RESPONDER (EMR) / EMERGENCY MEDICAL TECHNICIAN (EMT) / ADVANCED EMT (AEMT) / INTERMEDIATE / PARAMEDIC

- Ensure “Scene Safety” and Body Substance Isolation (BSI)
- Determine need for additional resources (e.g. helicopters, additional ambulances, heavy rescue).
- Circulation:
  - Control external hemorrhage with direct pressure/pressure dressing. Consider early use of Tourniquets or Hemostatic agents in massive or severe external hemorrhage which is not controlled with direct pressure/pressure dressings (Refer to appropriate Protocol). If available and trained, consider temporary hemorrhage control skin clamp**
  - If the patient arrests, See Traumatic Arrest Protocol
- Airway: Relieve airway obstruction, if present
  - Open the airway with a jaw-thrust (No head tilt – Chin lift in trauma patients)
  - Remove foreign material, emesis and blood
  - Suction the airway
  - If no gag reflex, consider oropharyngeal airway or nasopharyngeal airway (nasopharyngeal airway not recommended in facial trauma)
- Breathing:
  - Titrate supplemental oxygen to lowest level to maintain pulse ox greater than 93%38 (if severe underlying lung disease goal is 88-92%). Do not withhold oxygen if you do not have ability to assess O2 saturations
  - Assist ventilations with bag-valve-mask and high-flow oxygen, as needed
  - Cover sucking chest wounds with a three-sided flap valve
- C-Spine: Manual stabilization
- Splint obvious extremity fractures
- Refer to Pain Management Protocol
- Begin other interventions as needed according to specific guidelines

EMERGENCY MEDICAL RESPONDER (EMR)

- If altered mentation, check blood glucose if authorized**
- Apply cervical collar if indicated and authorized**

EMERGENCY MEDICAL TECHNICIAN (EMT) / ADVANCED EMT (AEMT) / INTERMEDIATE / PARAMEDIC

- If there is altered level of consciousness
  - Check Blood Glucose
  - Follow Hypoglycemia protocol if less than 60

** As long as the provider has been trained and approved and service approved by State.
38 Cyanotic Heart Disease pulse ox goal 75-85\%