We are so glad you’re here for our first Family Therapy Training Institute (FTTI) Newsletter! Allow us to properly (re)-introduce ourselves: FTTI is a two-year, fully accredited clinical mental health postgraduate training program providing the coursework and clinical hours required for state licensure as a marriage and family therapist.

FTTI is one of three post-degree institutes (PDI) in the nation, and the only that is affiliated with a large health care system. Fun fact: FTTI began in 1972 and has been accredited by the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) since 1974!

FTTI has moved

• FTTI is now located in the Outpatient Health Center at the Aurora Sinai Medical Center, at 1020 N. 12th St., Suite 200, in Milwaukee, WI.
• The space is complete with hotel offices for trainees, observation rooms for live supervision, and classroom spaces.
• See photos on the last page.

Apply now for the 2022 Fall Cohort!

• Did you know that the application deadline for the Fall Cohort is fast approaching? Mark your calendars for May 1! Find more details and the application on our website, www.aurora.org/ftti.
• Want to share our program with someone you know? Wonderful! Please feel free to share a copy of our current flyer with them; you can download it here.

Practice Topic: LGBTQIA Guidelines

AAMFT just released Clinical Guidelines for LGBTQI-Affirming Marriage and Family Therapy. Get yours here.

Meet our FTTI Faculty/Supervisor Team below!
Meet the FTTI Faculty!

**Lisa Anderson, LPC**, specializes in Mindfulness, Positive Psychology, Cognitive Behavioral Therapy, Dr. John Gottman Couples Therapy, Play Therapy and BrainSpotting. She is also a certified Adoption Therapist, which means to assist birth and adoptive parents transition smoothly into their new reality. She covers many areas of trauma, life stressors and mental health disorders, such as childhood abuse (sexual, physical or verbal abuse), domestic violence, grief, life transitions, divorce, couples therapy and chronic illness.

**Natalie Anderson, LMFT, LPC.** Her areas of expertise are helping students and families realize their visions, strengths, and support in cultivating their positive future endeavors, as well as providing training to students and other professionals in counseling. Natalie sincerely believes when systems function well, people can flourish. She is an advocate for counseling, and educational activities that are focused on improving social and emotional growth, student achievements, and constructive future outcomes.

**Brandon Arbuckle, LMFT,** With more than two decades of experience in private practice and teaching for over a decade in higher education, Brandon’s primary focus is working with couples on conflict resolution and emotional dysregulation between partners. With a background in the intersection of neuroscience and change in couples, Brandon understands how the body responds to trauma and emotional distress as well as the effect this can have on the lives of those in intimate relationships. He works to help couples develop greater and more secure emotional connections, as well as identify opportunities for growth in their relationships.
Meet the FTTI Faculty!

**Shannon Doherty, LMFT**, is an AAMFT Approved Supervisor, Educator, Consultant and the Founder/Director of Guided Systemic Health Services, LLC. Shannon has been working with individuals, couples, families, students, emerging professionals, small/large business, and federal agencies for the past 16 years. Shannon has extensive experience working with couples & families at all stages, to include: arranged marriages, mate selection, betrayal trauma, sexual dysfunction, complex conflict, post-divorce adjustment/re-marriage, blended families, and attachment, identity, & grief issues. Shannon’s passion is integrating spirituality and *person of the therapist training* across diverse populations served. Shannon has been an adjunct faculty member of the University of Wisconsin Whitewater’s Counselor Education Graduate Department & Advocate Aurora’s Family Therapy Training Institute since 2015.

**Sharon Hempel, LMFT**, has worked at Advocate Aurora Health since 2005, within oncology, neonatal intensive care, and behavioral health. She currently provides psychotherapy services using a strength based, solution focused approach with individuals, couples, and families, ages 6 years old – 65 years old. She is currently a professional member of the American Association for Marriage and Family Therapy and has been a member since 2009.

**Jorena Lewandowski, LMFT, LCSW** is a mental health professional with 23 years of psychotherapy experience. Jorena specializes in Marriage & Family Therapy and the Training of post graduate Marriage & Family Therapy candidates. Jorena works with primarily African American clients experiencing Post Traumatic Stress Disorder related to the impact of racism and community violence. Jorena also works with clients experiencing marital difficulties, relationship difficulties, parent-child relationship difficulties and family conflicts.
Meet the FTTI Faculty!

David Low, LPC, LMFT, has over 25 years of experience working in Wisconsin and Great Britain. He is a Clinical Fellow and Approved Supervisor with the American Association of Marriage and Family Therapy (AAMFT). He has been working at Aurora Family Service and the Family Therapy Training Institute since 2015. He started out with teaching and later began supervising practicum students along with his therapy work in inner city schools and the Family Counseling Clinic.

Kevin O’Brien, LMFT, LCSW, is currently a Child and Family Therapist and Mental Health Consultant in the Early Childhood Mental Health Department of Children’s Wisconsin. He is Approved Supervisor through the American Association of Marriage and Family Therapy since 2007, a trainer of facilitators for the Rogers In Health Compassion Resilience Toolkit and completed a certificate in Infant / Early Childhood and Family Mental Health. He also maintains a small lifespan private practice located online and in the Cathedral Square neighborhood of Milwaukee, including therapy, supervision and consultation services.

Corey Robak-Klein, LPC, LMFT, is a bilingual multicultural marriage and family therapist, AAMFT Clinical Fellow and Approved Supervisor Candidate. Corey has areas of expertise in working with refugees, survivors of interpersonal violence, and Latinx populations, and is EMDR-trained. Corey is a graduate of the FTTI program and has worked with Advocate Aurora Health since 2016.
Meet the FTTI Faculty!

Luis E. Rodriguez, MSW, LMFT, is a Bilingual/Bicultural licensed marriage and family therapist providing clinical services in English and Spanish at Aurora Family Service for the past 16 years. Luis is a graduate of the University of Wisconsin – Milwaukee and a graduate of the Family Therapy Training Institute and is currently an AAMFT Supervisor-In Training who is supervising Graduate Interns and FTTI postgraduate MFT trainees. His practice specialties include mental health issues impacting all people of color that have been impacted or experiencing domestic violence, impact of medical health illness on mental health with individuals, couples, and families. However, his special emphasis is on couple therapy.

Paul B. Zenisek, LCSW, is a Licensed Clinical Social Worker and a Clinical Substance Abuse Counselor who has worked in the addiction treatment field for over thirty years in a wide variety of clinical positions. Most recently, he is a clinical supervisor for Advocate Aurora Psychiatric Hospital’s Adult Chemical Dependency Program at the Dewey Center. Paul is also a full-time faculty member at Gateway Technical College, where he is the department chair for the human services and AODA Certificate program. He is also an Adjunct Professor at the Helen Bader School of Social Work at the University of Wisconsin, Milwaukee, where he teaches master’s level courses in clinical social work, substance use disorders, motivational interviewing, the treatment of adolescent substance use and alcohol treatment strategies for families and couples. Paul has led the family education program at Aurora Psychiatric Hospital. He believes substance use disorders are a family disease and the family relationship is a vital component of the recovery process.
Photos of our new location

FTTI Classroom

Psychotherapy Room with One-way Mirror

Psychotherapy Room