Uniformed Services IOP
(Intensive Outpatient Program)

Open to any former and current service members, first responders, correctional officers, and medical personnel (ER, COVID units, trauma units)

Covering topics commonly affecting Uniformed Service Members such as:

- Resilience
- Anger
- Sleep
- Trauma
- Depression
- Relationships
- Communication

Programing is 3 days per week for 5 weeks.

Mondays, Wednesdays, and Thursdays 1000-1300
Via Zoom

Lead by
Rachael Goldmann, M.S., LPC, USMC
Voicemail: 414 454-6514
Neal Bork, RN, USMC

For more information about the program or to schedule an assessment contact:

Aurora Psychiatric Hospital: (414) 454-6777
Internal Referrals: (414) 290-9600

If you have any questions, please reach out to Rachael.