Conflicts of Interest Disclosure Statement

It is the policy of Aurora Health Care’s Office of Continuing Professional Development to ensure balance, independence, objectivity and scientific rigor in all of its sponsored education activities. All participating faculty, course directors and planning committee members are required to disclose to the program audience any financial relationships related to the subject matter of this program. Disclosure information is reviewed in advance in order to manage and resolve any possible conflicts of interest. All faculty and planning committee members have attested that their financial relationships do not affect their ability to present well-balanced, evidence-based content for this activity. Specific disclosure information for each course faculty member will be shared with the audience prior to the faculty’s presentation.

Accreditation

Aurora Health Care is accredited by the Wisconsin Medical Society to provide continuing medical education for physicians.

Aurora Health Care designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Aurora Health Care is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

Aurora Behavioral Health Services is approved by the American Psychological Association to sponsor continuing education for psychologists.

Aurora Behavioral Health Services maintains responsibility for the program and its content.

Course approval from the National Board of Certified Counselors (NBCC): 6559

For a complete listing of all Aurora Health Care programs, go to Aurora.org/CMEActivities.

Aurora Health Care subscribes to the articles of Title III of the Americans with Disabilities Act of 1990. Should you or anyone accompanying you require special assistance, please notify us at 414-454-6486.
Friday, April 19

**Internal Family Systems**

**Registration:** 8 a.m. to 8:30 a.m.
**Presentation:** 8:30 a.m. to 4 p.m.

Mary Steege, MDW, LMFT, is a licensed marriage and family therapist, and a certified Internal Family Systems therapist. Mary has presented numerous times at the IFS annual conference, and has offered IFS workshops locally. She also is an ordained pastor in the Presbyterian Church (U.S.A.) and author of “The Spirit-Led Life: A Christian Encounter with Internal Family Systems,” which includes interviews on spirituality with Richard Schwartz, PhD, developer of the model.

Jan Campanelli, PhD, currently works at the Veterans’ Hospital, treating military veterans with serious mental illness, conducting group and individual therapy. Jan has been clinical faculty for Marquette University and is an Internal Family Systems-certified therapist. She has presented at the annual IFS conference in addition to the introductory workshops we have been offering.

Internal Family Systems is a model of therapy developed by Richard Schwartz, PhD. The IFS approach provides guidelines for working with families, individuals and couples. This model is synthesized from two paradigms—systems thinking and multiplicity of the mind. The IFS model is a method of therapy that views the multiplicity of the mind as part of our natural state. Through various life experiences and family dynamics (to name a few examples) these parts can be forced out of their valuable roles and can reconfigure themselves into an unhealthy mode. Through a process of open-minded, safe and guided self-discovery and curiosity, IFS works to help the transformation process of naturally returning these parts to more moderate and functional roles.

This workshop is designed for therapists with little exposure to IFS, as well as those who know the basics of IFS, but have trouble when clients resist, have particularly difficult parts, or when it comes to using the model with couples or larger systems.

**Objectives**

1. Define the conceptual basis of the Internal Family Systems model
2. Discuss and name the primary goals of working with the Core Self
3. Explain the IFS approach to accessing the Core Self
4. Describe how to help each client access his or her own Core Self's wisdom and compassion
5. Identify clinical opportunity for application of IFS model

**Costs**

$175 - All medical doctors and doctors of osteopathic medicine
$95 - Allied health care professionals
$50 - Students

**Contact hours:** 6.5

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Friday Sept. 13

**Ethics and Boundaries for Provider**

**Registration:** 8 a.m. to 8:30 a.m.
**Presentation:** 8:30 a.m. to 4 p.m.

David Mays, MD, PhD, is a forensic psychiatrist and directed the forensic program at the Mendota Mental Health Institute in Madison, Wis., for 13 years. Dr. Mays serves on the clinical faculty at the University of Wisconsin - Madison. He is the recipient of the Exemplary Psychiatrist Award from the National Alliance for the Mentally Ill, the Distinguished Service Award from the Alliance for the Mentally Ill of Dane County, and the Exceptional Performance Award from the Wisconsin Department of Health and Family Services. He is a seasoned clinician having treated both in and outpatients for more than 20 years.

This workshop is designed to help deepen your understanding of the values, ethics and professional boundaries underlying mental health practice. Two key areas will be explored, the biological foundations of ethics, and the impact of stress and burnout on maintaining effective boundaries.

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Friday Oct. 18

**Confusing Medical Ailments with Mental Illness**

**Registration:** 8 a.m. to 8:30 a.m.
**Presentation:** 8:30 a.m. to 4 p.m.

Vani Ray, MD, is associate clinical professor with the University of Wisconsin School of Medicine and Public Health, director consultation and liaison psychiatry with Aurora Behavioral Health Services, and medical director of the Health Psychology Clinic.

This workshop is designed to help clinicians broaden their diagnostic skills to be able to recognize medical disorders that can masquerade as psychological conditions. In some cases, a psychological problem may be the first sign of a medical illness. Recognizing an underlying medical condition can be particularly difficult when there is also a psychological explanation for a client’s dark moods. Untangling cause and effect can be a challenge even for seasoned clinicians, and the potential for missed diagnoses continues to grow. This workshop provides an opportunity to learn how to effectively diagnose and when to refer for medical management.

**Objectives**

1. Differentiate between common medical conditions that are mistaken for psychiatric illness
2. Learn how to distinguish between psychiatric illnesses and comorbid medical conditions
3. Analyze when to refer patients to their primary care providers for emergent medical symptoms
4. Cite the available community resources and liaison services within the medical community
5. Examine strategies for working with medically ill patients and optimize the behavioral health care

**Costs**

$175 - All medical doctors and doctors of osteopathic medicine
$95 - Allied health care professionals
$50 - Students

**Contact hours:** 6.5
The 2013 Workshop Series
Aurora Behavioral Health Services Continuing Education
Aurora Psychiatric Hospital • Norris Auditorium – Main Campus • 1220 Dewey Avenue, Wauwatosa